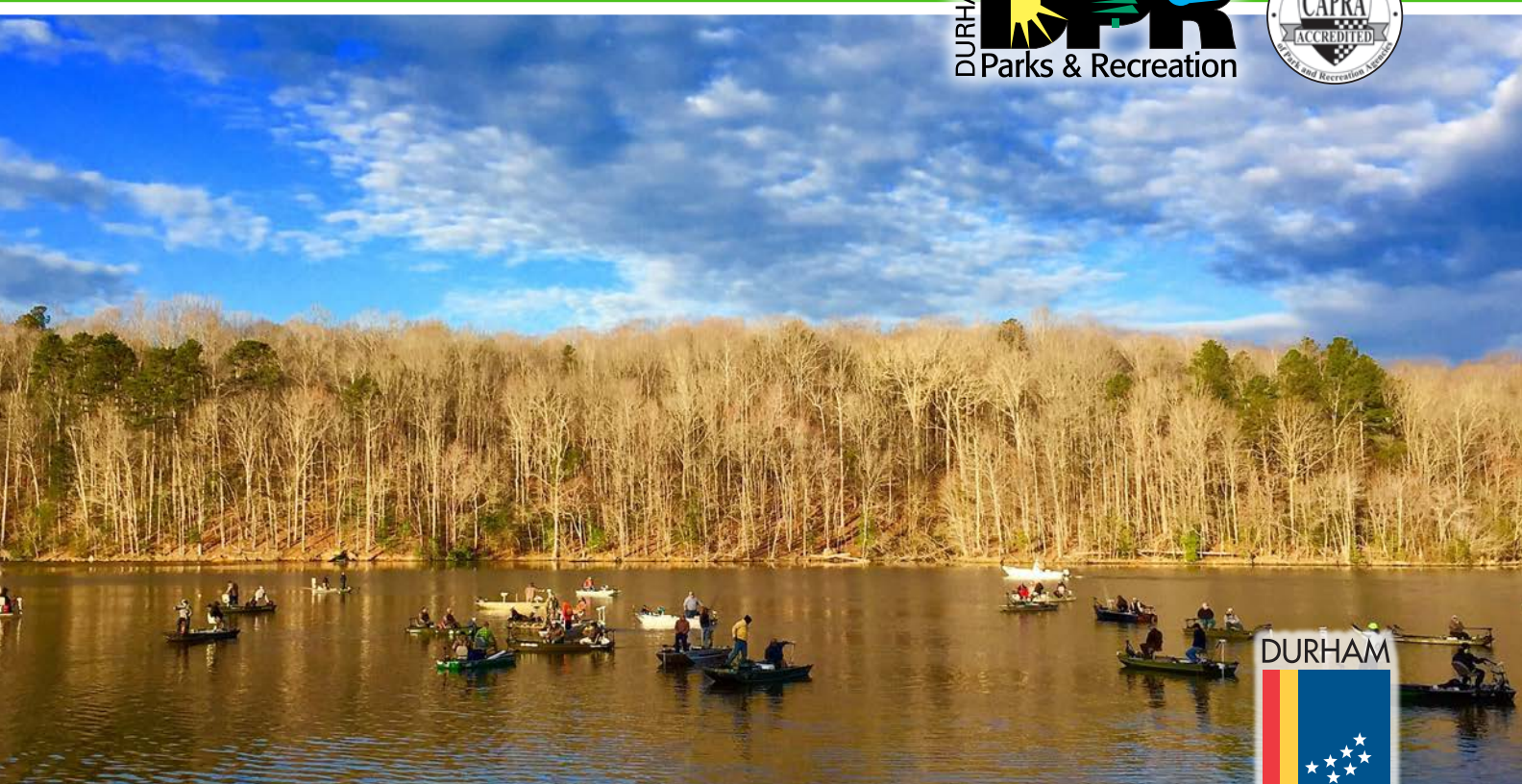


CITY OF DURHAM PARKS AND RECREATION

PLAY MORE

SEPTEMBER-DECEMBER 2017



WHAT'S NEW? NEW PLAYGROUND AT INDIAN TRAIL PARK! PHOTOS AND DETAILS P. 43.



DPRPLAYMORE.ORG DPRINFO@DURHAMNC.GOV • 919-560-4355 • 400 CLEVELAND STREET • DURHAM, NC 27701

TABLE OF CONTENTS

FACILITIES	6-7	MARTIAL ARTS	25
PARK INFORMATION	9	MATURE ADULT PROGRAMS	26-29
AFTER SCHOOL AND CARE PROGRAMS	10	OUTDOOR RECREATION AND CITY LAKES	30-31
AQUATICS	11-13	PERFORMING ARTS	32
ATHLETICS	14-15	SOCIAL ACTIVITIES	33-34
CANINE RECREATION	16	SPECIAL EVENTS	35-36
CULTURAL HERITAGE	17-18	SPECIAL PROGRAMS	37
EDUCATION AND ENRICHMENT	20	TEEN PROGRAMS	38-39
FITNESS	21-24	FACILITY AND PARK RENTALS	41-43

WE SUPPORT INCLUSION - PERSONS OF ALL ABILITY LEVELS ARE WELCOME AT EVERY FACILITY AND EVERY PROGRAM.



GREETINGS FROM DURHAM PARKS & RECREATION'S DIRECTOR

We are so excited about the changes in our programming that we are able to make available for our community, particularly for our youth and teens. In June 2017, the City eliminated the daily admission and drop-in program activity fee to all Durham Parks and Recreation (DPR) centers and pools for Durham residents, ages 0-18.

On September 5, 2017, DPR will debut the **"My Durham Program"**. The idea for this came as a proposal from DPR when City Council expressed concerns about the number of positive recreation opportunities within the community for our teens. We will launch this pilot program at four recreation centers (Edison Johnson Recreation Center, I. R. Holmes, Sr. Recreation Center at Campus Hills, Walltown Park Recreation Center, and W. D. Hill Recreation Center). Our program includes some components that are modeled after the successful "My Denver" program in Denver, Co. This programming initiative, through its drop-in programming format, will allow us to increase the diversity of options available for teens, Monday-Friday between the hours of 3 p.m.-7 p.m. and allow the flexibility to timely introduce new or trendy programs. Registration for the "My Durham Program" is free.

Teen Marketing Ambassadors will help expand our reach to teens, and efforts are underway to increase our social media presence, using the latest teen trends. We are also working to make our website more mobile friendly so that all of our participants can easily access information on the many opportunities we provide using easier search and navigation tools.

We are also excited about **improvements and growth within our trail system!** For the past 5-6 years, there has been a special task force within the city and county to discuss how we can make a better trail system to connect all of our neighborhoods to trails, parks, downtown, and each other. Five trails were identified by the Durham Open Space and Trails Commission to take priority in the expansion of our connectivity and accessibility throughout Durham. As we continue working on these five priority trail projects, construction on the West Ellerbee Creek Trail project is underway and is scheduled to open in the winter. Also, the planning phases of the Belt Line Trail around downtown Durham and the beginning of the Kelly Bryant Bridge South Trail connecting the R. Kelly Bryant Bridge to the Rocky Creek Greenway Trail are both underway.

The Holiday Parade is back for the second year in a row! Last year's return of the Holiday Parade saw record numbers in attendance, parade participants, and local business engagement. It was a delight to see so many come out and enjoy the festivities together. This year, we are making our holiday celebrations even more spectacular by working to host the **Holiday Parade** and the **Holiday Fun Fest** on the same day. This way, families can spend a whole day in the city we all love, celebrating this special time of year.

If you would like to be involved in these conversations, please contact us at dprinfo@durhamnc.gov.

Enjoy your family this season, as the year comes to an end and we all start thinking about our hopes for 2018. Whatever they may be, DPR will continue to find ways to serve our city, our neighborhoods, and our communities with pride and joy.

Happy Holidays,

Rhonda B. Parker, CPRP
Director, Durham Parks and Recreation

ADOPT-A-PARK ADOPT-A-TRAIL

A Great Way to Give Back

Volunteers from all over the community support Durham's parks and trails through the Adopt-A-Park and Adopt-A-Trail (APAT) programs. These programs are a great opportunity for you or your organization to make a positive difference in your community.

Since 2003, community groups have supported their community by adopting parks and trail segments in Durham. DPR manages nearly 1,800 acres of parkland in more than 68 parks and more than 30 miles of greenways, and we're still growing. The assistance we receive from adopting agencies is invaluable as we make every effort to care for our natural resources.

The City of Durham Parks and Recreation Department provides routine park maintenance and repairs; however, the adopting individuals and organizations give the park or trail the extra care and attention it needs. Adopters work on a variety of projects of their choosing. They have assisted with numerous cleanup, landscaping, and facility improvement projects.

Any individual or organization interested in bettering our parks and trails can adopt. For additional information on the Adopt-A-Park and Adopt-A-Trail programs, please visit our website dprplaymore.org or contact Mal Atkinson, at 919-560-4355 or dprvolunteers@durhamnc.gov.



Burn Boot Camp South Durham adopted a portion of the American Tobacco Trail.

DPR strives to make our programs, services and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin, marital status, sexual orientation or ability level.

About PLAY MORE

Play More is a guide to creative and challenging recreational choices in Durham and is produced by the Durham Parks and Recreation (DPR) Department and published in May, August and December. If you would like an extra copy of Play More or have comments about this publication, please call us at 919-560-4355 or email DPRInfo@durhamnc.gov. Please note: Advertising contained herein does not constitute an endorsement by the City of Durham Parks and Recreation or its staff.

City Holidays and Closures

The City of Durham will observe the following holidays and most classes will not be held on that day.

Labor Day	Monday, September 4
Veterans Day	Friday, November 10
Thanksgiving	Thursday and Friday, November 23-24
Christmas	Monday and Tuesday, December 25-26

The Durham Parks and Recreation Administration Office and all Recreation Centers will be closed from 11 a.m.-2:30 p.m. on Wednesday, November 15, 2017, for a staff appreciation event.

Safety, Maintenance and Accidents

Customers and residents are encouraged to immediately report any injury or illness received as a result of participation in leisure services provided by or at City of Durham Parks and Recreation facilities, parks and trails. Residents are also encouraged to report safety concerns and maintenance needs in parks and on trails. Please call 919-560-4355, ext. 27212 to report safety concerns, maintenance needs, or accidents. If you see illegal activity in any park at any time, please contact the police by dialing 911.

Medication Policy

Participants who take medication while participating in DPR programs are required to complete a Medication Information and Waiver form and return it before the program begins.

Personnel

Assistant Director of Administrative Services

Recreation Manager (Special Events, Outreach, Holton)
Senior Business Services Manager (Budget, Finance, and Marketing)
Recreation Manager (Reservations, Safety, Accreditation, and Operations)

Assistant Director of Recreation Programs

Recreation Manager (Edison Johnson, Campus Hills, and Aquatics)
Recreation Manager (Heritage Parks, Weaver Street, and W.D. Hill)
Recreation Manager (Outdoor Recreation, City Lakes)
Recreation Manager (Special Programs/Inclusion, Mature Adults, and Lyon Park)

Assistant Director of Park Planning and Education

Recreation Manager (Athletics, Walltown)
Parks Superintendent
Senior Parks Planner

Joy Guy
Rukea Womack
Rich Hahn
Gina M. Morais
Jason Jones
Colleen Fear
Jeffrey Forde
Kim Oberle
Deitra Spellman

Thomas Dawson
Tammy Brown
Robert Jennings
Lindsay Smart

Inclusion and Notice Under the Americans with Disabilities Act

A person with a disability may receive an auxiliary aid or service to effectively participate in city government activities by contacting the ADA Coordinator, voice 919-560-4197, fax 919-560-4196, TTY 919-560-1200, or ADA@durhamnc.gov, as soon as possible but no later than 48 hours before the event or deadline date.

Accommodations available include American Sign Language interpreter, wheelchair-accessible buses and vans. Contact:

- Deitra: 919-560-4288, ext. 27236, Deitra.Spellman@durhamnc.gov

DPR strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin, marital status, sexual orientation or ability level.

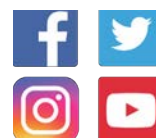
For Spanish language accommodations, please contact the following staff:

(Si necesita contactar al personal que habla español, puede llamar o escribir a las siguientes personas)

- Agustin: 919-560-4355, ext. 27371, Agustin.Sanchez@durhamnc.gov
- Rosalie: 919-560-4355, ext. 27235, Rosalie.Bocelli-Hernandez@durhamnc.gov

CONNECT WITH US

Receive important news and information!



@DPRPlaymore

Reduced Fees, Discounts, and Waivers

Please note: Only one discount may be applied to a registration or facility rental.

Multi-Child Discount

- The multi-child discount applies to select programs for families who do not qualify for reduced fees under other discount programs and have more than one child registering for the same course.

Senior Citizen Discount

- Senior Citizen discounts are available for mature adults age 55 or better. A ten percent (10%) discount is available on all recreational programs and admissions to facilities for activities sponsored by Durham Parks and Recreation. Activities with specified mature adult rates, mature adult programs, and facility, field, and equipment rentals are excluded from this discount.

Military & Veterans Discount

- A ten percent (10%) discount is available on all recreational programs and admissions to facilities for activities sponsored by Durham Parks and Recreation.

Employee Discount

- Current City of Durham employees receive a 25 percent (25%) discount on all instructional classes and recreational passes for activities sponsored by Durham Parks and Recreation. This discount applies to the employee only, not family members. Child Care programs and facility, field, and equipment rentals are excluded from this discount.

Non-Profit Discount

- Non-profits receive a fifteen percent (15%) discount on facility, field and equipment rentals. Facilities, fields and equipment with specified non-profit rates are excluded from this discount. Please note that non-profits must provide the IRS letter documenting their 501(c)(3) status.

Sliding Fee Scale

- The sliding fee scale may be used to reduce the amount paid for childcare programs.
- The scale ranges from 10% to 100%

and is based on income and number of members per household.

- Applications are available at the main office, recreation centers, and on the DPR website.
- The application is used to determine the percentage (from 10%-100%) to be paid by the participant for participation in childcare programs, which includes summer camp, after school, and intersession.
- Once approved, the reduced fee is valid for one (1) year.

Program Fee Waiver

- The fee waiver is available to anyone receiving support through the Durham County Department of Social Services (DSS) and may be used for programs, excluding childcare programs, facility, field, and equipment rentals, and others as specified in registration materials.
- Applications are available at the main office, recreation centers, and on the website.
- The outcome is valid for one (1) year from the date of approval.

Facility, Field and Equipment Fee Waiver

- The applicant is responsible for completing the reservation process prior to submitting the application for Facility, Field or Equipment Fee Waivers.
- Any persons requesting a fee waiver must submit a completed Facility, Field and Equipment Fee Waiver application to the department.
- The applicant must reapply for each rental.
- The applicant must pay the security deposit by the date due and pay all other fees not waived by the Recreation Advisory Commission by the established deadline.

Play More Card



Durham Parks and Recreation offers an exciting benefits program for our program participants! Participants may purchase a "DPR Play More Card" which will give them a discounted rate on all programs, in addition to other benefits listed below. The cards are renewable annually.

Each program price listing has two prices: one for City Residents (CR), and one for Non-City Residents (NCR). Play More Card discounts will automatically be taken off when a participant with a valid card registers for any program. Play More cards can be purchased online, at any recreation center or the DPR Administration Office.

Play More Card Benefits

- Participants receive a 10% discounted fee rate for all recreation programs (excludes rental facilities, athletic league – group rates, adventure challenge course rates, special event fees).
- Participants may purchase volume-discounted punch/monthly passes for the following programs:
 - Aerobic Classes
 - Open Gym (Adults)
 - Fitness Training
 - Pickleball
 - Court extended use passes
 - Lap and Recreation Swim
 - Water Exercise Classes
 - Wellness Packages

Play More Card Fee Structure

Individual: \$20 Residents;
\$25 Non-Residents

Benefits apply to one (1) adult plus all youth under the age of 19 residing in the same house.

2 Party: \$35 Residents; \$50 Non-Residents

Benefits apply to two (2) adults plus all youth under the age of 19 residing in the same house

Participants may choose to purchase this card in order to receive the associated benefits; however, a Play More Card is not required to participate in DPR programs.

Pass Sales

Volume-discounted multi-visit passes are available for select activities. Patrons must have a Play More Card in order to purchase these passes. Except for monthly passes, all passes expire one year from date of purchase. Please see the Pass Sale chart for available passes.

Daily Entrance Fee: includes indoor pool general admission, adult/mature adult open gym, exercise equipment, and land fitness programs. (Note: some areas may be age restricted.) Please keep in mind this is for ONE DAY access only - frequent users of our drop-in programs are encouraged to purchase our monthly Wellness Pass and/or other discounted punch passes offered for those with a Play More Card.

Please note: Play More Cards and volume-discounted multi-visit passes are non-refundable.

Monthly Wellness/Open Gym Packages

Wellness includes unlimited land fitness and mind/body classes, open gym programs, use of the gymnasium when available and use of any weight fitness equipment at any DPR recreation facility.

Wellness + Open Swim Package includes everything in the Monthly Wellness/Open Gym Package PLUS recreational and lap swim in the indoor aquatic centers.

Pass Sale Chart

DAILY ENTRANCE FEES				
Age	City Resident, Play More Card	City Resident, No Play More Card	Non-City Resident, Play More Card	Non-City Resident, No Play More Card
Youth & Teen (0-18)	No Cost	No Cost	\$4.50	\$5
Adult (19+)	\$3.60	\$4	\$8.10	\$9
Senior (55+)	\$2.70	\$3	\$7.20	\$8

PUNCH PASSES	City Resident, Play More Card	Non-City Resident, Play More Card
Pickleball: Adult (19+): 10 Visits	\$27	\$42
Pickleball: Adult (19+): 25 Visits	\$64	\$79
Pickleball: Adult (19+): 50 Visits	\$120	\$135
Pickleball: Senior (55+): 10 Visits	\$18	\$23
Pickleball: Senior (55+): 25 Visits	\$43	\$58
Pickleball: Senior (55+): 50 Visits	\$80	\$95

AQUATIC PUNCH PASSES	City Resident, Play More Card	Non-City Resident, Play More Card
Recreational/Lap Swim - Adult (19+): 10 Visits	\$27	\$42
Recreational/Lap Swim - Adult (19+): 25 Visits	\$64	\$79
Recreational/Lap Swim - Adult (19+): 50 Visits	\$120	\$135
Recreational/Lap Swim - Senior (55+): 10 Visits	\$18	\$23
Recreational/Lap Swim - Senior (55+): 25 Visits	\$43	\$58
Recreational/Lap Swim - Senior (55+): 50 Visits	\$80	\$95
Water Exercise Class: 10 Visits	\$36	\$51
Water Exercise Class: 25 Visits	\$85	\$100
Water Exercise Class: 50 Visits	\$160	\$185

MONTHLY WELLNESS PASSES	City Resident, Play More Card	Non-City Resident, Play More Card
Expires one month from date of purchase, i.e. Feb. 15-March 14; Additional discounts do not apply to these rates		
Wellness/Open Gym Pass - Individual - Per Month Includes unlimited land fitness and mind/body classes, open gym programs, use of the gymnasium when available and use of any weight fitness equipment at any DPR recreation facility	\$20	\$25
Monthly Swim Pass - Individual - Per Month Includes Recreational and Lap Swim at DPR indoor aquatic centers	\$30	\$45
Wellness/Open Gym + Open Swim Pass - Individual - Per Month Includes unlimited land fitness and mind/body classes, open gym programs, use of the gymnasium when available and use of any weight fitness equipment at any DPR recreation facility PLUS recreational and lap swim at DPR indoor aquatic centers	\$40	\$55

FACILITIES

Please note: All operational hours and program fees are subject to change. Please call each center directly for up-to-date information. Facilities may be open at additional times for specially scheduled DPR Programs.

RECREATION CENTERS

COMMUNITY FAMILY LIFE & RECREATION CENTER AT LYON PARK

1309 Halley Street
919-560-4288
Hours: Monday-Thursday
8 a.m.-9 p.m.
Friday 8 a.m.-10 p.m.
Saturday hours vary
Sunday closed



W.D. HILL RECREATION CENTER

1308 Fayetteville Street
919-560-4292
Hours: Monday-Thursday
8:30 a.m.-9 p.m.
Friday 8:30 a.m.-10 p.m.
Saturday 8:30 a.m.-6 p.m.
Sunday closed



EAST DURHAM

2615 Harvard Avenue
919-560-4278
SUMMER CAMP
LOCATION ONLY



W.I. PATTERSON

2614 Crest Street
919-560-4560
SUMMER CAMP
LOCATION ONLY



EDISON JOHNSON RECREATION CENTER

500 West Murray Avenue
919-560-4270
Hours: Monday-Thursday
8:30 a.m.-9 p.m.
Friday 8:30 a.m.-8 p.m.
Saturday 8:30 a.m.-6 p.m.
Sunday 1 p.m.-6 p.m.



WALLTOWN PARK RECREATION CENTER

1308 W. Club Blvd.
919-560-4296
Hours: Monday-Thursday
8:30 a.m.-9 p.m.
Friday 8:30 a.m.-10 p.m.
Saturday 8:30 a.m.-6 p.m.
Sunday 1 p.m.-6 p.m.



IRWIN R. HOLMES, SR. RECREATION CENTER AT CAMPUS HILLS

2000 South Alston Avenue
919-560-4444
Hours: Monday-Thursday
6 a.m.-9 p.m.
Friday 6 a.m.-8 p.m.
Saturday 8 a.m.-6 p.m.
Sunday 1 p.m.-6 p.m.



WEAVER STREET TEEN RECREATION CENTER

3000 E. Weaver Street
919-560-4294
Hours: Monday-Thursday
1 p.m.-9 p.m.
Friday 1 p.m.-10 p.m. Saturday
1 p.m.-6 p.m. Sunday closed
except for church rentals.



HOLTON CAREER AND RESOURCE CENTER

401 N. Driver Street
919-354-2750
Hours: Monday-Thursday
8:30 a.m.-9 p.m.
Friday 8:30 a.m.-10 p.m.
Saturday 8:30 a.m.-6 p.m.
Sunday 1 p.m.-6 p.m.



Play More: Connecting our whole community to wellness, the outdoors, and lifelong learning.

FACILITIES

AQUATIC CENTERS

Aquatic centers are open year round

CAMPUS HILLS POOL

2000 South Alston Avenue
919-560-4444

Hours: Monday-Thursday
6 a.m.-8 p.m.

Friday 6 a.m.-7:30 p.m.

Saturday 8 a.m.-5 p.m.

Sunday 1 p.m.-5 p.m.



EDISON JOHNSON AQUATIC CENTER

500 W. Murray Avenue
919-560-4265

Hours: Monday-Thursday
6 a.m.-8 p.m.

Friday 6 a.m.-7:30 p.m.

Saturday 9:30 a.m.-5 p.m.

Sunday 1 p.m.-5 p.m.



OUTDOOR POOLS

Outdoor pools are open seasonally from June-August or September.

LONG MEADOW POOL

917 Liberty Street
919-560-4202



HILLSIDE POOL

1221 Sawyer Street
919-560-4783



FOREST HILLS POOL

1639 University Drive
919-560-4782



OTHER FACILITIES

OPERATIONS CENTER

301 Archdale Drive
919-560-1701



ADMINISTRATION OFFICE

400 Cleveland Street
919-560-4355
Hours: Monday-Friday
8 a.m.-5 p.m.



MORRENE ROAD

1100 Morreene Road
919-560-4405



WEST POINT ON THE ENO

5101 N. Roxboro Road
919-471-1623



SPECIAL USE FACILITIES

Please see page 42 for information on renting the following facilities:

DURHAM ARMORY

212 Foster Street, 919-560-4355

CCB PLAZA

201 Corcoran Street, 919-560-4355

FOREST HILLS NEIGHBORHOOD CLUBHOUSE

1639 University Drive, 919-560-4355

MCCOWN - MANGUM HOUSE

5101 N. Roxboro Rd.

SPRUCE PINE LODGE

2235 Bahama Road, Bahama, NC 27503, 919-560-4355

REGISTRATION

To sign up for programs, participants have the option of registering in person at any recreation center or the administration office.

Online registration is also available for most programs through ACTIVE Net. The online system has many great benefits, is easy to use, and customers are not charged an online transaction fee! Search for your favorite programs by keyword, age, day, time, location and more!

Visit dprplaymore.org and select "Register Online" to access the active network online registration site.

CREATING YOUR ACTIVE NET ACCOUNT

EXISTING CUSTOMERS

Step One:

Start by accessing our new registration site:
apm.activecommunities.com/dprplaymore

Step Two:

Click on Sign In

Step Three:

Click on Forget Your Password?

Step Four:

Enter your email address (from the previous system) and hit Submit.

Step Five:

You will receive an email with a temporary password within a few minutes.

Step Six:

Sign in using your email address and new temporary password.

Step Seven:

Update your account and add any family members so you can register for activities with the click of your mouse.

Step Eight:

If your email was not recognized, click Create New Account and follow the on-screen prompts.

NEW CUSTOMERS

Step One:

Start by accessing our new registration site:
apm.activecommunities.com/dprplaymore

Step Two:

Click Create an Account

Step Three:

Fill in your name and address. Required fields will be denoted by a red asterisk (*)

Step Four:

Fill in your contact information. *Note: To receive text message alerts, including cancellation notifications, please indicate your cell phone carrier. Click Next when complete.

Step Five:

Enter your personal information then click Next.

Step Six:

Fill in your emergency contact information then click Next.

Step Seven:

Provide your account information. Create a secure password you will be able to remember, but others will not be able to guess. If you prefer not to use your email to login, please create an alternate Login ID. Once you complete all required fields, click Create Account.

REGISTRATION DATES

September-December 2017

Program Registration:

Registration will begin on Tuesday, August 1, 2017 for programs taking place September-December.

Swim Lesson Registration:

For lessons beginning *in September* registration will begin on Monday, August 14.

For lessons beginning *in October* registration will begin on Monday, September 11.

Athletic League Registration:

Please see the Athletics Section (p. 14-15) for dates and times.

Drop-In Programs:

DPR offers a variety of programs that are "drop-in" and pre-registration is not required.

SLIDING FEE SCALE

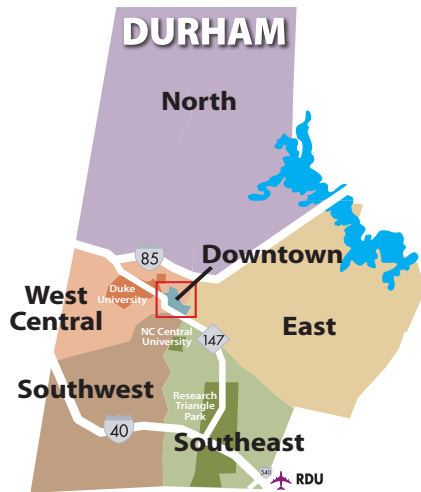
A sliding fee scale scholarship may be used to reduce the amount paid for childcare programs including summer camps, after school programs and intersession. The scale ranges from 10-100% pay and is based on income, number of members per household, and special circumstances affecting the applicant's ability to pay. Applications are available online at dprcareprograms.org, at the administrative office or any recreation center. If approved, the reduced fee is valid for one year.

Need more assistance? Visit dprplaymore.org for detailed instructions with pictures or contact us Monday-Friday, 8 a.m.-5 p.m. by calling 919-560-4355.

We support Inclusion - Persons of all ability levels are welcome at every facility and every program.
CR: City Resident; NCR: Non-City Resident

DURHAM CITY PARKS

Durham County Regional Map



- North
- East
- Southeast
- Southwest
- West Central

NAME	ADDRESS	ZIP	REGION	ACRES	PLAYGROUND	PICNIC SHELTER
American Village Park	4703 American Dr.	27705	West Central	4.2	•	•
Bay-Hargrove Park	208 Hargrove St.	27701	West Central	0.59	•	
Belmont Park	2207 Sovereign St.	27705	West Central	0.49		
Bethesda Park	1814 Stage Rd.	27703	Southeast	20.45	•	
Birchwood Park	3105 Hursey St.	27703	Southwest	4.9		
Burch Avenue Park	816 Burch Ave.	27712	West Central	0.57	•	
Burton Park	1100 Sima Ave.	27701	Southeast	10.34	•	•
C. M. Herndon Park	511 Scott King Rd.	27713	Southeast	25.18	•	•
C. R. Wood Park	417 Commonwealth Ave.	27703	Southeast	17.4	•	•
Campus Hills Park	2000 S. Alston Ave.	27707	Southeast	28.6	•	•
Carroll Street Park	815 Carroll St.	27701	Southwest	0.79		
Cook Road Park	602 Cook Rd.	27707	Southwest	8.11	•	•
Cornwallis Road Park	2830 Wade Rd.	27705	West Central	19.97	•	
Crest Street Park	2503 Crest St.	27705	West Central	6.83	•	•
Drew / Granby Park	1100 Drew St.	27701	East	0.44	•	
Duke Park	106 W. Knox St.	27701	West Central	17.24	•	•
Durham Central Park	501 Foster St.	27701	Downtown	5.2	•	
East Durham Park	2500 E. Main St.	27703	East	9.01	•	•
East End Park	1200 N. Alston Ave.	27701	East	9.46	•	•
Edgemont Park	205 S. Elm St.	27701	East	0.77	•	•
Elmira Avenue Park	540 Elmira Ave.	27707	Southeast	11.86	•	•
Forest Hills Park	1639 University Dr.	27707	Southwest	45.86	•	•
Garrett Road Park	6815 Garrett Rd.	27707	Southwest	7.64	•	•
Glendale Heights Park	707 W. Murray Ave.	27704	North	21.2		
Grant Park (north)	918 Grant St.	27701	Southeast	1.52	•	
Grant Park (south)	1200 Grant St.	27701	Southeast	0.55		
Hillside Park	1301 S. Roxboro St.	27707	Southwest	13.82	•	•
Holt School Road Park	4102 Holt School Rd.	27704	North	4.69	•	•
Indian Trail Park	1701 Albany St.	27705	West Central	8.5	•	
Lake Michie Recreation Area	2701 Bahama Rd.	27503	North	124.66		
Holly Grove Area	163 Archery Range Rd.	27503		44.39		
Lake Boathouse	2802 Bahama Rd.	27503		3.77		
Spruce Pine Lodge	2235 Bahama Rd.	27503		67.49	•	•
Wilkins Road Park	9301 Wilkins Rd.	27503		9	•	•
Lakeview Park	3500 Dearborn Dr.	27704		5.87	•	•
Leigh Farm Park	370 Leigh Farm Rd.	27514	Southwest	96.1		
Little River Fishing Facility	1500 Orange Factory Rd.	27712	North	9.2		
Long Meadow Park	917 Liberty St.	27701	East	15.58	•	•
Lyon Park	1200 W. Lakewood Ave.	27707	Southwest	12.23	•	•
Maplewood Park	1530 Chapel Hill Rd.	27701	West Central	0.545	•	
Morreene Road Park	1102 Morreene Rd.	27705	West Central	11.96	•	•
Northgate Park	300 W. Club Blvd.	27704	North	30.35	•	•
Oakwood Park	411 Holloway St.	27701	East	1.2	•	
Old Chapel Hill Road Park	3751 SW Durham Dr.	27707	Southwest	23.7	•	
Old Farm Road Park	7 Hedgerow Pl.	27704	North	13.39	•	•
Old North Durham Park	310 W. Geer St.	27701	West Central	3.58	•	
Orchard Park	1000 S. Duke St.	27701	Southwest	7.39	•	•
Oval Drive Park	2200 W. Club Blvd.	27704	West Central	3.44	•	•
Piney Wood Park	400 E. Woodcroft Pkwy.	27713	Southeast	39.47	•	•
Red Maple Park	3320 Hinson Dr.	27704	North	11.13	•	•
River Forest Park	1000 Windermere Dr.	27712	North	67.65	•	•
Rock Quarry Park	701 Stadium Dr.	27704	North	46.1	•	
Rockwood Park	2310 Whitley Dr.	27707	Southwest	12.23	•	•
Rocky Creek Park	1014 N. Elizabeth St.	27701	East	1.37	•	
Sandy Creek Park	3510 Sandy Creek Rd.	27707	West Central	101.74	•	
Shady Oaks Park	2400 Nebo St.	27707	Southeast	1.4	•	
Sherwood Park	1720 Cheek Rd.	27703	East	15.1	•	•
Snow Hill Road Park	619 Snow Hill Rd.	27712	North	35		
Solite Park	4704 Fayetteville Rd.	27713	Southwest	11.35	•	•
Southern Boundaries Park	100 Third Fork Dr.	27707	Southwest	29.7		
Trinity Park	410 Watts St.	27701	West Central	0.69	•	•
Twin Lakes Park	439 Chandler Rd.	27703	East	49.8	•	•
Unity Village Park	2011 Matilene St.	27707	Southeast	3.7	•	•
Valley Springs Park	3805 Valley Springs Rd.	27712	North	50.36	•	•
Walltown Park	1308 W. Club Blvd.	27705	West Central	6.69	•	•
Weaver Street Park	3000 E. Weaver St.	27707	Southwest	7.5	•	
West Point On The Eno	5101 N. Roxboro Rd.	27712	North	381.8	•	
Westover Park	1900 Maryland Ave.	27705	West Central	1.8	•	
Whippoorwill Park	1632 Rowmont Dr.	27705	North	25.27	•	•
White Oak Park	2504 Dallas St.	27707	Southwest	1.2		
Wrightwood Park	1301 Anderson St.	27707	West Central	12.85	•	•

Note: A white box indicates that the corresponding park feature has been identified as most accessible.

For a more detailed list of park amenities, or to reserve picnic shelters online, please visit our website at dprplaymore.org.



AFTER SCHOOL AND CARE PROGRAMS

AFTER SCHOOL

Looking for a safe, fun, educational after school environment? Join DPR's after school program for homework, arts and crafts, health and fitness activities and other enrichment programs.

After school is a program that runs from July 17, 2017 - June 6, 2018, for year round students, and from August 28, 2017 - June 6, 2018 for traditional students. Fees are billed either on a weekly, bi-weekly, every other week or monthly basis.

Age: 5-12 (unless otherwise noted)
CR Fee: \$1,188 NCR Fee: \$1,413

Fees listed above are for the entire school year. Fees are based on registration date and are prorated. Registrants may select their own individual payment plan (weekly, biweekly, every other week or monthly).

After School - Year Round

EDISON JOHNSON RECREATION CENTER
7340 Begins Jul 17 M-F 2:30pm-6pm
CAMPUS HILLS
7344 Begins Jul 17 M-F 2:30pm-6pm

After School - Traditional

EDISON JOHNSON RECREATION CENTER
7339 Begins Aug 28 M-F 2:30pm-6pm
HOLTON CAREER AND RESOURCE CENTER
Age: 6-12
7342 Begins Aug 28 M-F 2:30pm-6pm
CAMPUS HILLS
Age: 5-12
7343 Begins Aug 28 M-F 2:30pm-6pm
WALLTOWN PARK RECREATION CENTER
7347 Begins Aug 28 M-F 2:30pm-6pm
W.D. HILL RECREATION CENTER
7345 Begins Aug 28 M-F 2:30pm-6pm

Explore After School - Traditional

This alternative to inclusion promotes development of participants' life skills through group activities and exposure to diverse athletic, creative and educational experiences. If you believe inclusion is not the best option for your child, or if he/she is older than 17, (the maximum for inclusion in other programs), we welcome you to register for Explore.

Age: 13-20

CFLRC AT LYON PARK
7341 Begins Aug 28 M-F 4pm-6pm

CAMPS

Intercession

Does your year-round school child need a place to go during intercession or break? In this program, kids enjoy structured activities that include sports, games, swimming, dance, arts and crafts, and much more. Rates are per week.

Age: 5-12

CR Fee \$132; NCR Fee \$157

EDISON JOHNSON RECREATION CENTER
7348 Sept 25-Sept 29 7:30am-6pm
7349 Oct 2-Oct 6 7:30am-6pm
7350 Oct 9-Oct 13 7:30am-6pm

HOLTON CAREER AND RESOURCE CENTER
7351 Dec 18-Dec 22 7:30am-6pm
7352 Jan 2-Jan 5 7:30am-6pm

Fun Days

Looking for a place for your child to go when school is out? Kids can enjoy a fun-filled day of activities including sports, games, dance, arts and crafts, and much more. Rates are per day.

Age: 5-12

CR Fee: \$26 NCR Fee: \$41

CFLRC AT LYON PARK
7887 Oct 30 M 7:30am-6pm
W.D. HILL RECREATION CENTER
7888 Nov 22 W 7:30am-6pm
HOLTON CAREER AND RESOURCE CENTER
7889 Dec 22 F 7:30am-6pm
7890 Dec 27 W 7:30am-6pm
7891 Dec 28 Th 7:30am-6pm
7892 Dec 29 F 7:30am-6pm
HOLTON CAREER AND RESOURCE CENTER
7893 Jan 2 T 7:30am-6pm
7894 Jan 3 W 7:30am-6pm
7895 Jan 4 Th 7:30am-6pm
7896 Jan 5 F 7:30am-6pm
WALLTOWN RECREATION CENTER
7897 Jan 16 T 7:30am-6pm

SLIDING FEE SCALE

A sliding fee scale scholarship may be used to reduce the amount paid for childcare programs including summer camps, after school programs and intercession. The scale ranges from 10-100% pay and is based on income, number of members per household, and special circumstances affecting the applicant's ability to pay. Applications are available online at dprcareprograms.org, at the administrative office or any recreation center. If approved, the reduced fee is valid for one year.

DID YOU KNOW YOU CAN REGISTER ONLINE?

Visit dprplaymore.org and click on Register Online.



Durham Parks and Recreation has been recognized as a Playful City USA 9 times! Playful City USA is a recognition program honoring cities and towns that ensure that kids in their communities get the balanced and active play they need to thrive.



AQUATICS

Durham Parks and Recreation operates two indoor eight-lane pools which offer a number of water programs including exercise/fitness, swim lessons, swim teams, lap swim, and family swim. Both pools have aquatic lifts to assist patrons who may not have the ability to access the pool via vertical ladders or stair systems. Edison Johnson also has a ramp entrance and water chair.

Lap Swim

During lap swim times, patrons may use the facility's lane space for lap swimming. Aquatic devices such as kick boards and pull buoys are available to use. The number of lap lanes available will be based on the current program schedule. Multi-visit passes are available for purchase with a Play More Card.

CR Fee: \$4 NCR Fee: \$9

CAMPUS HILLS POOL

7473 Nov 6-Dec 31 M-Th 6am-8pm
F 6am-7:30pm
Sa 8am-5pm
S 1pm-5pm

EDISON JOHNSON AQUATIC CENTER

7487 Sep 1-Dec 31 M-Th 6am-8pm
F 6am-7:30pm
Sa 9:30am-5pm
S 1pm-5pm

Recreational Swim

Recreational swim is a time to enjoy unstructured water activities with friends and family. Ages 18 and under are free; 'multi visit passes' are also available. Times vary depending on scheduled activities.

CR Fee: \$4 NCR Fee: \$9

CAMPUS HILLS POOL

7475 Nov 6-Dec 31 M-F 10am-12pm
M-F 1pm-3:30pm
Sa,S 1pm-5pm

EDISON JOHNSON AQUATIC CENTER

7488 Sep 1-Oct 27 M-F 1pm-4pm
7490 Sep 2-Dec 31 T,Th 9am-12pm
7491 Oct 30-Dec 29 M-F 1pm-3pm
Sa,S 1pm-5pm

Water Walking/Individual Exercise

During water walking/individual exercise times, patrons may use the facility's lane space for their personal water workouts. Aquatic devices such as life vests, water exercise belts, noodles, kick boards and pull buoys are available. The number of lap lanes available will be based on the current program schedule. Multi visit passes are available with purchase of Play More Card.

CR Fee: \$4 NCR Fee: \$9

CAMPUS HILLS POOL

7474 Nov 6-Dec 31 M-F 6am-9am
M-F 1pm-3:30pm
Sa 10am-5pm
S 1pm-5pm

EDISON JOHNSON AQUATIC CENTER

7496 Sep 1-Dec 31 M-F 6am-10am
M-F 12pm-4pm
M-Th 7pm-8pm
F 6pm-7:30pm
Sa 12pm-1pm
Sa 3pm-5pm
S 1pm-5pm

INDOOR AQUATIC CENTERS

CAMPUS HILLS POOL

2000 South Alston Avenue • 919-560-4444

Monday-Thursday 6 a.m.-8 p.m.
Friday 6 a.m.-7:30 p.m.
Saturday 8 a.m.-5 p.m.
Sunday 1 p.m.-5 p.m.



EDISON JOHNSON AQUATIC CENTER

500 W. Murray Avenue • 919-560-4265

Monday-Thursday 6 a.m.-8 p.m.
Friday 6 a.m.-7:30 p.m.
Saturday 9:30 a.m.-5 p.m.
Sunday 1 p.m.-5 p.m.



AQUATICS EVENTS

Dive in Movie

It's movie night at the pool! Join us for a special evening of recreational swim (daily admission fees apply) and enjoy a FREE movie! Bring the whole family and relax in our indoor heated pool, as you watch a "kid-friendly" movie projected on the big screen. Inflatables* may be brought from home for this special event. An adult must enter the water with children under the age of 10 years old. Lifejackets will be provided as needed. Dive into a unique movie experience! *Individual sized rafts only. No oversized rafts will be allowed. Noodles available.

CR Fee: \$4 NCR Fee: \$9

EDISON JOHNSON AQUATIC CENTER
7901 Oct 27 F 8pm-10pm

Family Luau

Come end the summer with a splash at the Family Luau Pool Party. This event will feature tropical themed games, crafts, and music for everyone in the family. Daily swim fees apply.

Age: All ages

CR Fee: \$6 NCR Fee: \$11

EDISON JOHNSON AQUATIC CENTER
7544 Sep 30 Sa 5:30pm-7:30pm

Pumpkin Splash

Select your favorite pumpkin from one of many FLOATING in the pool, dry it off on the pool deck and use paints, stickers, and all kinds of fun craft supplies to decorate it. All swim levels are welcome and life vests will be provided. An adult will need to enter the water with children 9 years of age and younger.

CR Fee: \$5 NCR Fee: \$10

EDISON JOHNSON AQUATIC CENTER
7373 Oct 14 Sa 5:30pm-7:30pm

Swim with Santa

Get in the pool with Santa Claus! At this fun family event, children will get to play in the shallow water with Santa, and make holiday-themed arts and crafts projects on the pool deck. Lifejackets will be provided as needed. An adult must enter the water with children 9 years of age and younger.

CR Fee: \$6 NCR Fee: \$11

EDISON JOHNSON AQUATIC CENTER
7997 Dec 9 Sa 5:30pm-7pm

MULTI-VISIT Passes

Save money on Lap Swim, Recreational Swim and Water Walking/Individual Exercise by purchasing Multi-visit passes (Play More Cards are required to purchase Multi-visit passes). *Details on page 5.*



AQUATICS continued

SWIM LESSON REGISTRATION

For lessons beginning *in September*, registration will begin August 14.
For lessons beginning *in October*, registration will begin September 11.

Tween Pool Party

Come make a splash before the end of the year! This Tween Pool Party will include activities, games, music, food, and giveaways. Participants will need to wear appropriate pool attire and bring a towel.

Age: 10-14

No Cost

CAMPUS HILLS POOL

7477 Dec 29 F 7:30pm-10pm

WATER EXERCISE CLASSES

Aqua Arthritis Exercise

Exercises are specifically designed for those suffering from debilitating disorders such as arthritis and fibromyalgia. The goal is for participants to perform daily activities with increased comfort. You do not need to know how to swim to join. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 13 and up

CR Fee: \$5 NCR Fee: \$10

EDISON JOHNSON AQUATIC CENTER

7899 Sep 1-Dec 29 M,W,F 11am-11:45am

Shallow Water Exercise

This class offers a total workout while protecting joints from the pounding of a traditional land aerobics class. The program is designed to utilize the natural resistance of water allowing for muscle toning, cardiovascular endurance, and increased flexibility. Participants do not need to know how to swim to join. A multi-visit pass is

available for purchase on a Play More Card at a discounted rate per class.

Age: 13 and up

CR Fee: \$5 NCR Fee: \$10

CAMPUS HILLS POOL

7476 Nov 6-Dec 22 M,Th 6:30pm-7:15pm
T,Th,F 12:15pm-1pm

EDISON JOHNSON AQUATIC CENTER

M,W,F 10am-10:45am
M-Th 6:15pm-7pm

Deep Water Exercise

This invigorating class is conducted in deep water. This program is designed to give a total body workout. Sessions include cardio, toning and stretching components. Exercisers do not need to know how to swim but should be comfortable in deep water even though flotation belts will be provided. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 13 and up

CR Fee: \$5 NCR Fee: \$10

EDISON JOHNSON AQUATIC CENTER

7900 Sep 2-Dec 16 Sa 9:45am-10:30am

Developmental Swim Team

DPR Marlins

This developmental swim team will serve as an extension to the swim lesson program by providing workout-based swim instruction while continuing to focus on the participant's stroke technique and stamina in a competitive team environment. Participants can expect to be swimming 500+ yards per practice.

Participants must be able to continuously swim 50 yards of both front crawl and elementary backstroke in addition to 25 yards of back crawl, breaststroke and butterfly.

Age: 6-17

CR Fee: \$52 NCR Fee: \$67

EDISON JOHNSON AQUATIC CENTER

7922 Sep 5-Sep 14 M-Th 4pm-5pm
7923 Sep 18-Sep 28 M-Th 4pm-5pm
7924 Oct 2-Oct 12 M-Th 4pm-5pm
7925 Oct 16-Oct 26 M-Th 4pm-5pm

SWIM LESSONS

DPR offers the American Red Cross Swimming and Water Safety program. The different courses seek to help participants of all ages and varying abilities develop familiarity with being in the water; learn basic skills for aquatic safety, survival, and recreational swimming; and develop an awareness of how to stay safe in, on or around the water. Each progressive level builds on, and reinforces, acquired skills and knowledge. As participants develop aquatic skills, they become safer and better swimmers. For more information about ARC Learn-to-Swim Lessons at DPR, visit DPRPlayMore.org.

Swim Lessons - Aqua Babies

The purpose of this American Red Cross program is to teach safe behaviors around the water and develop swimming readiness by leading parents and their children in water exploration activities with the objective of having fun and becoming comfortable in and around water.

Age: 6 months-1.5 years

CR Fee: \$23 NCR Fee: \$28

EDISON JOHNSON AQUATIC CENTER

7902 Sep 11-Sep 25 M 5:30pm-6pm
7903 Oct 2-Oct 23 M 5:30pm-6pm

Swim Lessons - Aqua Tot

The purpose of this American Red Cross program is to teach safe behaviors around the water and develop swimming readiness by leading parents and their children in water exploration activities with the objective of having fun and becoming comfortable in and around water.

Age: 1.5-3

CR Fee: \$46 NCR Fee: \$61

EDISON JOHNSON AQUATIC CENTER

7904 Sep 5-Sep 28 T,Th 5:30pm-6pm
7905 Sep 9-Oct 28 Sa 9:45am-10:15am
7906 Oct 3-Oct 26 T,Th 5:30pm-6pm





AQUATICS continued

SWIM LESSON REGISTRATION

For lessons beginning *in September*, registration will begin August 14.
For lessons beginning *in October*, registration will begin September 11.

Swim Lessons - Preschool

This American Red Cross Learn-to-Swim program aims to promote the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. It teaches aquatic and safety skills in a logical progression through three levels. Children are grouped according to comfort level and skill proficiency. The program offers a fun, challenging, and supportive learning environment for preschoolers. Prerequisites for each level are: Level 1: No pre-requisites; new to the pool, needing to learn water adjustment skills. Level 2: Able to fully submerge head and swim short distances on front and back, with support. Level 3: Able to swim at least 5 yards on front and back, unsupported.

Age: 3-5

Preschool Levels 1-2

CR Fee: \$46 NCR Fee: \$61

EDISON JOHNSON AQUATIC CENTER

7910	Sep 5-Sep 28	T,Th	5:30pm-6pm
7907	Sep 6-Sep 27	M,W	5:30pm-6pm
7908	Oct 2-Oct 25	M,W	5:30pm-6pm
7909	Oct 3-Oct 26	T,Th	5:30pm-6pm

Preschool Levels 1-3

CR Fee: \$46 NCR Fee: \$61

EDISON JOHNSON AQUATIC CENTER

7912	Sep 9-Oct 28	Sa	9:45am-10:15am
7911	Sep 9-Oct 28	Sa	10:30am-11am

Preschool Level 3

CR Fee: \$46 NCR Fee: \$61

EDISON JOHNSON AQUATIC CENTER

7913	Sep 5-Sep 28	T,Th	5:30pm-6pm
7916	Sep 6-Sep 27	M,W	5:30pm-6pm
7915	Oct 2-Oct 25	M,W	5:30pm-6pm
7914	Oct 3-Oct 26	T,Th	5:30pm-6pm

Swim Lessons - Youth

The American Red Cross Learn-to-Swim program consists of six comprehensive levels that teach children of varying abilities how to swim skillfully and safely. Each level includes training in basic water safety. All aquatic and safety skills are taught in a logical progression. Prerequisites for each level are: Level 1: No pre-requisites; new to the pool, needing to learn water adjustment skills. Level 2: Able to fully submerge head and swim short distances on front and back, with support. Level 3: Able to swim at least 5 yards on both front and back, unsupported. Level 4: Able to swim at least 15 yards (half of pool length) of both front crawl and elementary back stroke. Level 5: Able to swim 25 yards of both front crawl and

elementary backstroke and 15 yards of back crawl, breaststroke, and butterfly. Level 6: "Fitness Swimming". Able to swim 50 yards of both front crawl and elementary backstroke and 25 yards of back crawl, breaststroke, and butterfly. Needing to improve technique and endurance.

Age: 6-12

Youth Levels 1-3

CR Fee: \$52 NCR Fee: \$67

EDISON JOHNSON AQUATIC CENTER

7928	Sep 5-Sep 28	T,Th	6:15pm-7pm
7926	Sep 6-Sep 27	M,W	4:30pm-5:15pm
7927	Sep 6-Sep 27	M,W	6:15pm-7pm
7929	Sep 9-Oct 28	Sa	10:30am-11:15am
7930	Oct 2-Oct 25	M,W	4:30pm-5:15pm
7931	Oct 2-Oct 25	M,W	6:15pm-7pm
7932	Oct 3-Oct 26	T,Th	6:15pm-7pm

Youth Levels 3-4

CR Fee: \$52 NCR Fee: \$67

EDISON JOHNSON AQUATIC CENTER

7933	Sep 6-Sep 27	M,W	7:10pm-7:55pm
7935	Sep 9-Oct 28	Sa	11:15am-12pm
7934	Oct 2-Oct 25	M,W	7:10pm-7:55pm

Youth Levels 5-6

CR Fee: \$52 NCR Fee: \$67

EDISON JOHNSON AQUATIC CENTER

7936	Sep 5-Sep 28	T,Th	7:10pm-7:55pm
7937	Sep 6-Sep 27	M,W	7:10pm-7:55pm
7938	Oct 2-Oct 25	M,W	7:10pm-7:55pm
7939	Oct 3-Oct 26	T,Th	7:10pm-7:55pm

Swim Lessons - Teen

This American Red Cross program is designed for beginners and intermediate-level swimmers. Students will be grouped according to skill level on the first day of class. Topics of instruction include basic aquatic skills, swimming strokes, personal water safety skills, and basic water rescue. If you want to become a better swimmer, or have dreamed of becoming a lifeguard, this program will help you reach those goals. There are no pre-requisites for this course.

Age: 11-18

CR Fee: \$52 NCR Fee: \$67

EDISON JOHNSON AQUATIC CENTER

7940	Sep 6-Sep 27	M,W	7:10pm-7:55pm
7941	Oct 2-Oct 25	M,W	7:10pm-7:55pm

Swim Lessons - Adult

This American Red Cross program is designed for beginners and intermediate-level swimmers. Students will be grouped according to skill level on the first day of class. Topics of instruction include basic aquatic skills, swimming strokes, personal water safety skills, and basic water rescue. If you want to become a better swimmer, or have dreamed of becoming a lifeguard, this program will help you reach those goals. There are no pre-requisites for this course.

Age: 18 and up

Swim Lessons - Adult All Levels

CR Fee: \$52 NCR Fee: \$67

EDISON JOHNSON AQUATIC CENTER

7921	Sep 9-Oct 28	Sa	11:15am-12pm
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Swim Lessons - Adult Beginner

CR Fee: \$52 NCR Fee: \$67

EDISON JOHNSON AQUATIC CENTER

7917	Sep 5-Sep 28	T,Th	7:10pm-7:55pm
7918	Oct 3-Oct 26	T,Th	7:10pm-7:55pm

Swim Lessons - Adult Intermediate

CR Fee: \$52 NCR Fee: \$67

EDISON JOHNSON AQUATIC CENTER

7920	Sep 5-Sep 28	T,Th	7:10pm-7:55pm
7919	Oct 3-Oct 26	T,Th	7:10pm-7:55pm

SAFETY TRAININGS

Water Safety Instructor

Upon successful completion of this course, participants will be certified to teach a variety of American Red Cross water safety programs, including all levels of the "Learn-to-Swim" program. Course fee includes two manuals. Participants must be at least 16 years old; must pass a swimming pre-test consisting of 25 yards front crawl, 25 yards back crawl, 25 yards breaststroke, 25 yards elementary backstroke, 25 yards sidestroke, 15 yards butterfly, back float for one minute, tread water for one minute; and they must successfully complete the Red Cross on-line session for the course (information will be emailed to participants after registration).

16 and up

CR Fee: \$209 NCR Fee: \$234

EDISON JOHNSON AQUATIC CENTER

7942	Oct 4-Oct 18	M,W	5:30pm-9pm
		Sa	12pm-6pm



ATHLETICS

YOUTH AND TEEN SPORTS

Youth Basketball

Practices begin in October with games beginning in November and running through February.

Boys and Girls | Age: 5-12, on or by November 1, 2017

CR Fee: \$28 NCR Fee: \$43

Registrations are accepted on a first-come first-serve basis, and must be accompanied with a birth certificate and payment. Players registering individually will be divided into teams and compete in the individual division. Players registering as part of team will compete in a separate team division.

Team Registration

Team Registration Date: October 7, 2017

Team Registration Time: 9am-12pm

Team Registration Location: Durham Parks and Recreation, 400 Cleveland Street

For coaches only: Submit payment, birth certificates, coaches' paperwork and a minimum of 8 player registration forms to register as a team.

7379 Age: 7-8

7380 Age: 9-10

7381 Age: 11-12

Individual Registration

Individual Registration Dates: Sept. 1 - Nov. 10, 2017

Individual Registration Time: 8am-5pm

Individual Registration Location: Online or at Durham Parks and Recreation, 400 Cleveland Street

7375 Age: 5-6

7376 Age: 7-8

7377 Age: 9-10

7378 Age: 11-12

PBIRDS

In the P.B.I.R.D.S. program, boys and girls will learn the basic fundamentals of basketball, including passing, ball-handling, intangibles, rebounding, defense, and shooting. Participants will gain new skills and improve their game in a fun and friendly environment.

Age: 5-9

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

7431 Sep 9-Sep 30 Sa 10am-11:30am

Youth Basketball Fundamentals

These clinics are designed to provide a positive outlet where youth learn teamwork and various athletic skills. We offer a structured environment where participants can focus on learning the game, being active and developing

a positive attitude and habits.

I.R. HOLMES, SR. RECREATION CENTER

Age: 8-12

CR Fee: \$9 NCR Fee: \$14

7436 Sep 13-Oct 18 W 6pm-7pm

7437 Nov 8-Dec 13 W 6pm-7pm

WALLTOWN PARK RECREATION CENTER

CR Fee: \$4 NCR Fee: \$10

Age: 5-8

7412 Oct 10-Oct 31 T 6pm-6:45pm

Age: 9-12

7413 Oct 10-Oct 31 T 7pm-7:45pm

Baseball Clinic

Come out for a day at the ballpark and learn the basics of America's favorite pastime.

We will teach participants the fundamentals of hitting, throwing, fielding, pitching and everything in between.

Age: 5-12

CR Fee: \$6 NCR Fee: \$11

VALLEY SPRINGS PARK

7397 Oct 7 Sa 10am-2pm

Beginning Sports

Want to expose your toddler to sports at an early age? Come sign them up where the learning begins!

Age: 4 and under

CR Fee: \$10 NCR Fee: \$16

CFLRC AT LYON PARK

7648 Sep 9-Oct 21 Sa 10am-11am

DPR Co-Ed Soccer Academy

This academy is designed to teach basic introductory soccer skills to participants. The academy promotes an atmosphere of fun and sportsmanship among coaches, parents, and participants. All participants will attend skill sessions and scrimmages on Saturdays at C.M. Herndon Park.

Age: 5

CR Fee: \$12 NCR Fee: \$17

C.M. HERNDON PARK

Sep 9-Oct 7 Sa 9am-10:15am

7382 Age 5

7383 Age 6-7

7384 Age 8-9

7385 Age 10-12



DPR strives to make our programs, services and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin, marital status, sexual orientation or ability level.



ATHLETICS continued

Kiddie Kickers Soccer

Participants will learn the basics of soccer dribbling, passing, receiving and shooting. They will learn more about teamwork and playing as part of a group. Our instructors will keep the atmosphere fun and non-competitive, making sure that all participants feel good about their abilities.

Age: 3-5

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER
7416 Sep 13-Oct 18 W 10am-11am

Pickleball Tournament

Join the fun of Walltown's bi-annual pickleball tournament! The tournament will be a round robin mixed doubles competition. Teams will be assigned in the order of their registration. Each team will play one game to 11 points (win by 1) against each of the other 5 teams in their pool during the preliminary match. The top four teams will then play in a final round robin match to determine the top 3 places. T-shirts and light refreshments will be provided to all participants. Enjoy a day of friendly competition in our beautiful gymnasium. 18 and up

CR Fee: \$10 NCR Fee: \$15

WALLTOWN PARK RECREATION CENTER
7584 Dec 9 Sa 2pm-6pm

Teen Fast Pitch Softball League

Ball! Strike! Out! Safe! Let's play ball! Come join an all-girls teen fast pitch league.

Age: 13-17

CR Fee: \$40 NCR Fee: \$55

LOCATION TBD

7843 Sep 12-Nov 16 T,Th 6:15pm-9:15pm

Tennis Carnival

This event is designed to introduce people of all ages to the tennis programs offered by Durham Parks and Recreation. Participants will be able to take part in a variety of tennis drills from hitting and serving stations to winning a prize on our prize court while showcasing your hitting accuracy.

Age: 4 and up

No Cost

ELMIRA AVENUE PARK
6325 Sep 9 Sa 10am-12pm

Youth Golf Academy

Come learn the basic fundamentals of the game of golf. Golf is a game you can play your entire life! Learn values like integrity, honesty, and respect with one of America's favorite leisure activities.

Age: 7-12

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK
7396 Sep 28-Nov 2 Th 5:30pm-6:30pm

ADULT SPORTS

Adult Open Gym Basketball

You got game? Bring it to open gym. A facility supervisor will be present to organize the games.

Age: 18 and up

CR Fee: \$4 NCR Fee: \$9

WALLTOWN PARK RECREATION CENTER
7545 Sep 6-Dec 13 W 6pm-9pm

HOLTON CAREER AND RESOURCE CENTER
No Cost

7674 Sep 6-Dec 27 W 7pm-8:45pm

W.D. HILL RECREATION CENTER

CR Fee: \$4 NCR Fee: \$9

7753 Sep 11-Dec 13 M,W 12pm-3pm

CFLRC AT LYON PARK

CR Fee: \$4 NCR Fee: \$9

7640 Sep 11-Dec 18 M 6pm-8:30pm

CONNECT WITH US

Receive important news and information!



@DPRPLAYMORE



Tell us how we're doing!

Visit to our website
dprplaymore.org
to complete an online
evaluation.

Click on *Evaluate Durham
Parks and Recreation.*





CANINE RECREATION

Dog Park Registration

All dogs **MUST** be registered with DPR annually. To ensure that we provide a healthy environment for all participants, we have adopted the vaccination requirements recommended by the American Animal Hospital Association. All dogs are required to have the following vaccinations before being issue a Dog Park tag: rabies, distemper/parvo, bordetella, and a negative fecal exam. We also accept titer results in lieu of vaccinations except for rabies (state law). Vaccinations must be current, and not due to expire within 30 days.

When these requirements are met, a DPR dog park tag is assigned. All dogs must wear their current dog park tag while playing in the park.

Online registration is available at dprplaymore.org using course #6356

After registering, vaccination records & liability waiver must be emailed to durhamdogpark@durhamnc.gov. See website for complete instructions, or call 919-560-4355 for more information.

Registration can also be done in person at 400 Cleveland Street, or by mail to:
Durham Parks and Recreation
Attn: Dog Parks
101 City Hall Plaza
Durham, NC 27701

Fees

2017 Dog Park tags are valid for one year (January 1 – December 31). Fees are not prorated throughout the year.

CR Fee: \$17/first dog
\$15/each additional dog(s)
NCR Fee: \$22/first dog
\$20/each additional dog(s)

CANINE SPECIAL EVENTS

Barktoberfest

Barktoberfest is a celebration for our canine residents and their families. Join us for an afternoon of fun which will include a costume contest, dog performances, games, a beer garden, pet-friendly organizations and vendors, food vendors, and more!

No Cost

DURHAM CENTRAL PARK
7630 Oct 29 Sun 12pm-4pm

REGISTER FOR YOUR DOG PARK TAGS ONLINE!

Online registration is available at dprplaymore.org using course #6356

Santa Paws

Bring your canine friend out to meet Santa! Santa will be available for photos with your pet. Visit one of the pet-friendly vendors for your holiday shopping needs, then grab a bite to eat from the food vendor.

No Cost

DURHAM ARMORY
7632 Dec 8 F 6pm-8:30pm



DOG PARKS

Durham Parks and Recreation has three dog parks, which offer a safe and controlled environment for dogs and their owners. The dog parks provide access to open space for off-leash play and socialization.

NORTHGATE DOG PARK

400 W. Lavender Ave.
(Located on the north side of Northgate Park)

Features two enclosed areas:

- Small Dog Area: 15 inches or smaller & 30 lbs or under
- Large Dog Area: 15 inches & taller & 30 lbs or over

Amenities include waste bag dispensers, water fountains, and benches.

PINEY WOOD DOG PARK

400 E. Woodcroft Parkway

Features four separate enclosed areas:

- Small Dog Area: 15 inches or smaller & 30 lbs or under
- Large Dog Area: 15 inches & taller & 30 lbs or over
- Program Area: special playgroups/organized activity
- Entrance Area: smaller version of program area

Amenities include waste bag dispensers, water fountains, and benches.

DOWNTOWN DURHAM DOG PARK

304 Elliott Street
(Located on the corner of Roxboro and Elliott Streets)

Features two enclosed areas:

- Small Dog Area: 15 inches or smaller & 30 lbs or under
- Large Dog Area: 15 inches & taller & 30 lbs or over

Amenities include waste bag dispensers and benches.



CULTURAL HERITAGE

A Kid's Life: Make Your Own Whirligig

Kids have been making whirligigs for hundreds of years--is it not about time you joined in on the fun? Join us and make your own colonial toy using recycled materials. Drop-in program, no registration required. Free, but a small donation is suggested. Adults must stay with their children, and are encouraged to participate!

Age: 5-17

No Cost

LEIGH FARM PARK

7589 Sep 9 Sa 10am-12pm

A Kid's Life: Honeybees and History

Honeybees have been a part of our lives for a very long time, from ancient Egypt up to modern day. Come learn about this buzzing bug! Drop-in program, no registration required. Free, but a small donation is suggested. Adults must stay with their children, and are encouraged to participate!

Age: 5-17

No Cost

WEST POINT ON THE ENO

7594 Sep 16 Sa 10am-12pm

A Kid's Life: Basket Weaving

Over one hundred years ago, the children who lived on Leigh Farm did not have lunch boxes and ziplock bags to carry their lunch in. So what did they use to store and carry things around? They used baskets! Join us for this fun craft and weave your very own basket out of yarn and recycled materials. Drop-in program, no registration required. Free, but a small donation is suggested. Adults must stay with their children, and are encouraged to participate!

Age: 5-17

No Cost

LEIGH FARM PARK

7590 Oct 14 Sa 10am-12pm

A Kid's Life: The World's First Camera

We will be learning about optical illusions, the early history of photography, and a camera you can make at home. You will even get to make your own camera obscura to take home. Drop-in program, no registration required. Free, but a small donation is suggested. Adults must

stay with their children, and are encouraged to participate!

Age: 5-17

No Cost

WEST POINT ON THE ENO

7595 Oct 21 Sa 10am-12pm

A Kid's Life: World War I Peg Dolls

Come along to this special Veterans Day session and learn about the role Durham residents played in World War I. You will even get to make your very own peg doll to take home. Drop-in program, no registration required. Free, but a small donation is suggested. Adults must stay with their children, and are encouraged to participate!

Age: 5-17

No Cost

LEIGH FARM PARK

7591 Nov 11 Sa 10am-12pm

A Kid's Life: Archaeology Dig

Put on your explorer hat and uncover clues about how people lived 200 years ago! In this fun hands-on activity, kids will dig to find replica artifacts, and problem solve on what they were and how they were used. Drop-in program, no registration required. Free, but a small donation is suggested. Adults must stay with their children, and are encouraged to participate!

Age: 5-17

No Cost

WEST POINT ON THE ENO

7596 Nov 18 Sa 10am-12pm

Make and Take: Essential Oil Gifts

In this fun workshop, kids will get to make homemade gifts for their friends and family. With the guidance of an experienced aromatherapist, they will get to choose which essential oil scent to put into a body scrub, spritzer, or lotion for those on their holiday list. Adults must stay with their children for this program, and are encouraged to participate!

Age: 5-12

CR Fee: \$3 NCR Fee: \$8

LEIGH FARM PARK

7815 Dec 2 Sa 11am-1pm

A Kid's Life: Taffy Pulling

Travel back to the 1800s when taffy pulling parties were a popular pastime, especially around Christmas. Help us make old-fashioned taffy, and then taste some too! Drop-in program, no registration required. Free, but a small donation is suggested. Adults must stay with their children, and are encouraged to participate!

Age: 5-17

No Cost

LEIGH FARM PARK

7592 Dec 9 Sa 10am-12pm

A Kid's Life: Victorian Christmas Traditions

Did you know many of our modern holiday traditions started in the 1800s? Come learn about the history of Christmas and make a few Victorian ornaments for your tree. Drop-in program, no registration required. Free, but a small donation is suggested. Adults must stay with their children, and are encouraged to participate!

Age: 5-17

No Cost

WEST POINT ON THE ENO

7597 Dec 16 Sa 10am-12pm

Time Travelers' Trunk

Pack your traveling trunk! We are going back in time to explore the history that surrounds us. Each third Thursday, bring your preschooler for an hour of history-themed reading, activities, and crafts. Come along and see what pops out of our time travelers' trunk! Children must be accompanied by an adult.

Age: 2-5

CR Fee: \$2 NCR Fee: \$7

WEST POINT ON THE ENO

7818 Sep 21 Th 10am-11am

7822 Oct 19 Th 10am-11am

7823 Nov 16 Th 10am-11am

7824 Dec 21 Th 10am-11am



Shorten your shower
one minute
and save **550**
gallons per year





Switch your showerhead and save
2,900 gallons per year



www.durhamsaveswater.org



Visit our website to find more great water-saving tips from the City of Durham's Department of Water Management!





CULTURAL HERITAGE continued

Historic Tours

Come along and explore the historic Leigh Farm Park with our knowledgeable tour guide. You'll get to venture inside the 1830's farmhouse while hearing about life at Leigh Farm throughout the years.

No Cost

LEIGH FARM PARK

6403 Jun 3-Dec 9 Sa 2pm-2:30pm

History Hike: Sennett's Hole

Throw on your hiking shoes, we're taking a history hike to Sennett's Hole! Along the way, you will learn about Michael Synott, one of the first millers to build a mill on the Eno River in the mid-1700s. Legend has it there is still a pot of gold at the bottom of his mill pond. This hike will be about three miles long and will cross the Eno River on foot, so you may want to bring (or wear) water shoes. Friendly dogs welcome. We will meet at the West Point Mill.

Age: 10 and up

No Cost

WEST POINT ON THE ENO

7593 Sep 2 Sa 10am-12pm

Bee Keeping 101

Are you interested in starting a honeybee hive in the spring? Well, now is the time to start thinking about what you'll need. In this class, we will cover the basics of beekeeping, the inner workings of a colony, and how to prepare for your first hive (if you decide to go that route). Even if you aren't interested in starting a hive, you'll enjoy learning about this fascinating and critical insect. This is a free class, but preregistration is required and is geared for ages 12 and up.

Age: 12 and up

No Cost

WEST POINT ON THE ENO

7601 Sep 23 Sa 10am-12pm

History Hike: Hugh Mangum and West Point

Come explore West Point on the Eno through Hugh Mangum's camera lens. Our traveling photographer frequently returned back to his parents' house at West Point. While here, he photographed the area, maintained a dark room, and used the creek to develop film. We will be tracing his steps on a one-mile hike through the park. No dogs on this hike as we will be going in and out of buildings. We will meet at the West Point Mill.

Age: 10 and up

No Cost

WEST POINT ON THE ENO

7598 Oct 7 Sa 10am-12pm

History Hike: American Indians on the Eno

American Indians were present at West Point on the Eno long before the first mills were built here. Come explore the park while thinking about the area's first residents. This is a two-mile hike through the park. Friendly dogs welcome. We will meet at the West Point Mill.

Age: 10 and up

No Cost

WEST POINT ON THE ENO

7600 Nov 4 Sa 10am-12pm

Intro to African American Genealogy Research

Are you interested in learning more about your family history but do not know where to start? Join Lamar DeLoatch, of the Afro-American Historical and Genealogical Society of North Carolina, in this introductory session on conducting genealogical research on your African-American ancestors. This session will cover the basics and get you started down your journey into the past.

Age: 15 and up

CR Fee: \$8 NCR Fee: \$13

LEIGH FARM PARK

7814 Nov 11 Sa 1pm-3pm

History Hike: Fact and Folklore at West Point

There are many legends that surround West Point on the Eno. This hike will explore some of these and what we know. This will be a three-mile hike through the park. Friendly dogs welcome. We will meet at the West Point Mill.

Age: 10 and up

No Cost

WEST POINT ON THE ENO

7599 Dec 2 Sa 10am-12pm

Hallow-Eno

Join us for our annual Halloween event that is fun for the whole family! Designed particularly for children ages 12 and younger, this special event features campfire stories and songs, hayrides, treats, crafts, games, and face painting. No need to register - just come out, rain or shine!

No Cost

WEST POINT ON THE ENO

7603 Oct 31 T 6pm-9pm

Holiday Open House

Join us for our annual winter tradition! Enjoy refreshments, historic holiday decorations, festive music, and holiday crafts from yesteryear. No need to register just come on out, rain or shine!

No Cost

WEST POINT ON THE ENO

7602 Dec 10 S 1pm-5pm



HERITAGE PARKS

West Point on the Eno Park and Leigh Farm Park make up the City of Durham's Heritage parks. These significant natural and historic parks provide opportunities for picnicking, fishing, hiking, outdoor nature study, and cultural history programming.

WEST POINT ON THE ENO

5101 N. Roxboro Rd.
Durham, NC 27704
919-471-1623

This 388-acre natural and historic park is located along a two-mile stretch of the scenic Eno River, six miles north of downtown Durham. Take a step back in time to Durham's early beginnings by touring the working Grist Mill, the 1850's McCown-Mangum House, and the Hugh Mangum Museum of Photography. The historic buildings at West Point are open every Saturday and Sunday from 1 p.m.-5 p.m., April 4 through December 13. Admission is free. Weekday tours of the buildings can be arranged in advance by calling 919-471-1623.

You can also enjoy a leisurely picnic and stroll around the grounds or take a hike through the woods on one of the park trails. Feel free to bring your canoe or raft and experience the beauty of the Eno River. The park gates are open daily, year-round, from 8 a.m. to dark.

AMPHITHEATER AT WEST POINT

This secluded area nestled in the woods is the perfect setting for company picnics, festivals, concerts, performances, and other large group gatherings. The facility can accommodate up to 4,000 people and includes a large open field, lawn seating, stage, electricity, water, and ample parking. Call 919-471-1623 to arrange a visit, or for rental and reservation information.



Hugh Mangum Museum of Photography

LEIGH FARM PARK

370 Leigh Farm Rd.
Durham, NC 27707
919-471-1623

This 82.8-acre property located at 370 Leigh Farm Road is anchored by a seven-acre historic core listed in the National Register of Historic Places in 1975. The park includes the Leigh House (circa 1835), an early 19th century dairy, a mid-19th century enslaved peoples cabin with notable stick-built chimney, smokehouse, corn crib and a late 19th century well house and carriage house. The property also features a second mid-19th century slave cabin with a 1930 Rustic Revival log addition, an early 20th century tobacco barn and pack house, several mid-20th century residences, and wooded acreage that was historically open agricultural land.



Interior of Enslaved Peoples Cabin at Leigh Farm Park



Leigh Family House at Leigh Farm Park



EDUCATION AND ENRICHMENT

Builders Academy

In this class, young minds will be encouraged to use problem solving and creativity to accomplish tasks given each week. Projects will be S.T.E.M. based, and participants will be able to take their new creations home to show off their skills to family and friends.

Age: 5-12

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER
7427 Nov 1-Dec 13 W 5:30pm-6:30pm

Coding for Kids

Do you like playing computer games? Are you interested in learning how to create them? This introductory course to coding is a great way to start learning about computer programming.

You will learn how to code some of the popular computer games you and your friends play at home!

Age: 7-12

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER
7421 Oct 4-Nov 8 W 6:30pm-7:30pm

Etiquette for YOUTH

Yes, manners matter! This is a comprehensive program which teaches all elements of everyday etiquette for youth. Through a variety of activities, participants will build self-confidence and develop leadership skills for use in social situations. These include: shaking hands with adults, inviting a friend to the movies, online communication, face-to-face conversation, displaying proper table manners, and much more. Participation in this course is an investment in personal success!

Age: 8-11

CR Fee: \$9 NCR Fee: \$14

I.R. HOLMES, SR. RECREATION CENTER
7438 Sep 26-Oct 31 T 6pm-7pm

Future Designers

This course is for imaginative young people who are interested in designing their own original fashions. Students will learn how to take fashion ideas and make them a reality. Participants will also create hair bows and other fashionable accessories. Creativity will be the driving force behind this exciting design class!

Age: 8-12

CR Fee: \$9 NCR Fee: \$14

I.R. HOLMES, SR. RECREATION CENTER
7444 Sep 18-Oct 23 M 6:30pm-7:30pm

G.E.M.S.

This youth program is designed to assist pre-teen females in their transition into teenage life. Participants will benefit from a diverse range of programs including outdoor adventure, gang prevention, health and wellness, guest speakers, round table discussions, field trips, and much more.

Age: 10-13

No Cost

WEAVER STREET RECREATION CENTER
7749 Sep 7-Dec 21 Th 6:30pm-8pm

Healthy Cooking Workshop

Looking for a change in your eating habits, but not sure what will fit best for your lifestyle?

Join us as we explore several modern food trends to find out what will work for you! This hands-on class will also help you sharpen your skills in the kitchen, while giving you a chance to socialize with other "foodies!"

Age: 16 and up

CR Fee: \$24 NCR Fee: \$29

WALLTOWN PARK RECREATION CENTER
7434 Sep 5-Sep 26 T 6pm-7:30pm

Junior Chefs

Join your toddler to learn easy-to-make healthy food options for snacks and meals.

Age: 2-4

CR Fee: \$9 NCR Fee: \$14

EDISON JOHNSON RECREATION CENTER
7687 Sep 6-Oct 11 W 10am-11am
7688 Oct 18-Nov 15 W 10am-11am

Kid Kitchen

Love to cook? Want to be a chef? Join this fun cooking class for youth. You will learn cooking basics. Each class you will learn how to prepare snacks and small meals and have fun doing it.

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER
Age: 3-5
7400 Sep 14-Oct 19 Th 10am-11am
Age: 6-12
7401 Nov 2-Dec 14 Th 6pm-7pm

Man Cave

This youth program is designed to assist pre-teen males in their transition into teenage life. Participants will benefit from a diverse range of programs including outdoor adventure, gang prevention, health and wellness, guest speakers, round table discussions, field trips, and much more.

Age: 10-13

No Cost

WEAVER STREET RECREATION CENTER
7747 Sep 6-Dec 20 W 6:30pm-8pm

Open Computer Lab

Come in and take advantage of our computer lab. Access to the Internet and Microsoft Office products will be available.

No Cost

Age: 18 and up

W.D. HILL RECREATION CENTER

7751 Sep 2-Dec 16 Sa 1pm-2pm

7757 Sep 5-Dec 12 T 10am-11am

7758 Sep 7-Dec 14 Th 10am-11am

Age: 6 and up

HOLTON CAREER AND RESOURCE CENTER

7675 Sep 1-Dec 29 M,W,F 10am-2pm

6pm-8pm
Sa 1pm-5pm

Photography

Photography is a beautiful art form. You will learn lighting techniques, camera, and mechanics, digital vs. film, editing, and more. Let us match you with the program for your photography needs.

Age: 8-12

CR Fee: \$9 NCR Fee: \$14

I.R. HOLMES, SR. RECREATION CENTER

7439 Sep 14-Oct 26 Th 6pm-7pm

7440 Nov 9-Dec 21 Th 6pm-7pm

Youth Resource Center

Resource Center provides a place for youth to work uninterrupted on job or school related projects--anything from homework assignments to resume writing.

Age: 5-12

No Cost

WEAVER STREET RECREATION CENTER

7735 Sep 2-Dec 30 M-Th,Sa 6pm-7:30pm
Sa 1pm-6pm

REGISTER EARLY!

If you wait until the last minute to register, the class you want to take may be full or it may be cancelled if enrollment is low. You could make the difference!

DID YOU KNOW YOU CAN REGISTER ONLINE?

Visit dprplaymore.org and click on Register Online.



FITNESS

YOUTH AND TEEN FITNESS

Aikido

This introductory course opens the door to increased flexibility and self-defense, focusing on ways to avoid and end conflict. You'll learn how to redirect your energy through stretching, breathing, rolling and basic techniques.

Age: 7-12

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

7428 Sep 16-Oct 21 Sa 2pm-3pm

7429 Nov 4-Dec 16 Sa 2pm-3pm

Intro to Boxing

This course will introduce your child to the world of boxing! Students will practice the foundational techniques of the sport, with an emphasis on self-defense. Be sure to bring your gloves with you!

Age: 7-14

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

7432 Oct 3-Nov 14 T 6pm-7pm

Boxing

This class focuses on boxing skills and techniques. Class utilizes heavy bags, as well as other sport-specific equipment. All skill levels welcome.

EDISON JOHNSON RECREATION CENTER

No Cost

Age: 13-16

7731 Sep 11-Dec 18 M 6:30pm-7:30pm

EDISON JOHNSON RECREATION CENTER

Age: 18 and up

CR Fee: \$60 NCR Fee: \$75

7732 Sep 11-Dec 18 M 7:30pm-8:30pm

Hip Hop Dance

Come and break a sweat while bustin' a move in this hip-hop dance program. This program takes place on 1st Saturday of each month.

Age: 13-17

CR Fee: \$0 NCR Fee: \$5

CFLRC AT LYON PARK

7825 Sep 2-Dec 2 Sa 3pm-4pm

Indoor Soccer

Ignore the weather outside and join us in the gym to play the world's favorite game, soccer.

Age: 6-17

No Cost

HOLTON CAREER AND RESOURCE CENTER

7693 Sep 11-Oct 2 M 6pm-8pm

7694 Oct 16-Nov 6 M 6pm-8pm

7695 Nov 20-Dec 11 M 6pm-8pm

Youth Open Gym

You got game? Bring it to open gym basketball! A facility attendant will be present to organize the games. Everyone must bring a valid photo ID in order to participate. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

No Cost

CFLRC at Lyon Park

Age: 5-12

7641 Sep 2-Dec 16 Sa 12pm-2:30pm

WEAVER STREET RECREATION CENTER

Age: 5-12

7761 Sep 2-Dec 30 Sa 1pm-6pm

HOLTON CAREER AND RESOURCE CENTER

Age: 6-12

7678 Sep 2-Oct 28 Sa 10am-1pm

DROP-IN FITNESS CLASSES

Fees listed are per day

Age: 16-18: CR Fee: \$0 NCR Fee: \$5

Age: 19-54: CR Fee: \$4 NCR Fee: \$9

Age: 55+ CR Fee: \$4 NCR Fee: \$8

Multi-use and monthly wellness passes are available. Classes held at Holton Career and Resource Center are free.

African Cardio Blast

African Cardio Blast offers a unique workout that includes dance movements from various regions of the African continent. A drummer accompanies the workout. There are benefits to be gained for persons of all fitness levels.

Age: 18 and up

W.D. HILL RECREATION CENTER

7744 Sep 2-Dec 16 Sa 11am-12pm

CABA (Cardio, Arms, Buns, Abs)

This circuit class focuses on increasing cardiovascular strength, abdominals, glutes, triceps, biceps, and shoulders. A variety of equipment will be used. Join us and tone these key parts of your body for a better look and fit.

Age: 18 and up

I.R. HOLMES, SR. RECREATION CENTER

7450 Sep 5-Dec 19 T 6:15pm-7:15pm

CardioSculpt

Are you ready to sculpt and tone your body? Come out to Cardio Sculpt and get a workout in this cardio fitness class that will work your core, burn fat, and tone muscles. A variety of equipment will be used. All levels are welcome!

Age: 16 and up

WALLTOWN PARK RECREATION CENTER

7571 Sep 6-Dec 13 W 6:15pm-7:15pm

Healthy Habits Through African Movement

Creative movement that will enhance your body, mind and spirit. The class is designed to uplift your health in many ways. It builds stamina and cardio, encourages healthy eating habits and promotes a positive mind set.

Weigh ins, blood pressure screening, as well as discussions with local knowledge health professionals take place following workouts.

Age: 18 and up

W.D. HILL RECREATION CENTER

7781 Sep 13-Dec 13 W 6:15pm-7:15pm

Hip Hop Line Dance

Exercise your body and mind by dancing to lively, upbeat music. We'll learn the new and old line dances.

Age: 18 and up

CFLRC AT LYON PARK

7639 Sep 11-Dec 11 M 6:15pm-7:15pm

Soulful Line Dance

Soulful Line Dance is a fun, exciting way to dance your way to fitness. Exercise your body and mind by dancing to lively upbeat music of the 1970's, 80's, and up to today's sounds. This class will combine low, moderate and high energy line dance routines that will help you burn calories. No previous dance experience is necessary.

Age: 18 and up

W.D. HILL RECREATION CENTER

7766 Sep 11-Dec 11 M 6:15pm-7:15pm

Spin 1.0

A spin class is a great way to mix up your routine and challenge your body in a different way. You'll burn a lot of calories and vibe out to motivating music during your workout. Come join us for a great ride and super fun in the comfortable indoors.

Age: 18 and up

EDISON JOHNSON RECREATION CENTER

7484 Sep 6-Dec 27 M,W 6:15pm-7:15pm

I.R. HOLMES, SR. RECREATION CENTER

7454 Sep 1-Dec 29 F 10am-11am

Yoga

Join the masses who have discovered the wonders of yoga! This popular form of exercise offers both physical and mental benefits. Please bring a yoga mat to class.

I.R. HOLMES, SR. RECREATION CENTER

Age: 18 and up

7453 Sep 7-Dec 28 M,Th 12pm-1pm

WALLTOWN PARK RECREATION CENTER

Age: 16 and up

7583 Sep 11-Dec 15 M,F 11pm-12pm
W 12pm-1pm



FITNESS continued

Zumba

Zumba is a fusion of Latin and international music dance themes, which creates a dynamic, exciting, effective fitness system! Zumba combines high-energy and motivating music with unique moves and combinations that allow participants to dance away their worries. Age: 18 and up

EDISON JOHNSON RECREATION CENTER
7485 Sep 12-Dec 28 T,Th 6:15pm-7:15pm

W.D. HILL RECREATION CENTER
7748 Sep 5-Dec 5 T 6:15pm-7:15pm

WALLTOWN PARK RECREATION CENTER
7569 Sep 5-Dec 14 T,Th 6:15pm-7:15pm

HOLTON CAREER AND RESOURCE CENTER
No Cost

7683 Sep 5-Dec 19 T 6pm-7pm

Zumba Toning

Zumba is a fusion of Latin and international music dance themes, which creates a dynamic, exciting, effective fitness system! Zumba combines high-energy and motivating music with unique moves and combinations that allow the Zumba participants to dance away their worries.

Age: 18 and up

I.R. HOLMES, SR. RECREATION CENTER
7452 Sep 7-Dec 28 Th 6:15pm-7:15pm

Zumba Xtreme

Come check out this upbeat, vibrant, multicultural experience that will leave you burning for more. This class will incorporate Latin music with a twist of hip-hop, reggae and Caribbean rhythms. The nonstop moves will have you sweating and pumped up, so let go and let the music take you away.

Age: 18 and up

I.R. HOLMES, SR. RECREATION CENTER
7451 Sep 11-Dec 18 M 6:15pm-7:15pm

Kickboxing

This workout is designed to help you develop a strong mind and body connection. Learn proper technique for punches and kicks while ramping up your fitness level to increase cardiovascular endurance, muscular strength, core integration and flexibility.

No Cost

Edison Johnson Recreation Center

Age: 13-16

7730 Sep 6-Dec 20 W 6:30pm-7:30pm

Age: 18 and up

7729 Sep 6-Dec 20 W 7:30pm-8:30pm

Tai Chi Heavy Ball

This is an opportunity for adults to participate in a different and new style of Tai Chi with a weighted ball. Participants will learn the Tai Chi Heavy Ball form to promote a calm, focused mind and improve mind-body coordination. All skills are welcome.

Age: 16 and up

CR Fee: \$4 NCR Fee: \$9

WALLTOWN PARK RECREATION CENTER
7572 Sep 6-Dec 13 W 11am-12pm

DROP-IN FITNESS CLASS SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 a.m. - 11 a.m.					Spin 1.0 Campus Hills	
11 a.m. - 12 p.m.	Yoga Walltown				Yoga Walltown	African Cardio Blast W.D. Hill
12 p.m. - 1 p.m.			Yoga Walltown			
	Yoga Campus Hills			Yoga Campus Hills		
6 p.m. - 7 p.m.		Zumba Holton				
6:15 p.m. - 7:15 p.m.	Soulful Line Dance W.D. Hill	Zumba Edison Johnson	Healthy Habits AM W.D. Hill	Zumba Edison Johnson		
	Spin 1.0 Edison Johnson	Zumba Walltown	Spin 1.0 Edison Johnson	Zumba Walltown		
	Hip Hop Line Dance Lyon Park	Zumba W.D. Hill	Cardio Sculpt Walltown			
	Zumba Xtreme Campus Hills	CABA Campus Hills		Zumba Toning Campus Hills		
6:30 p.m.-7:30 p.m.			Kickboxing Edison Johnson			
7:30 p.m. - 8:30 p.m.			Kickboxing Edison Johnson			

Lyon Park

Campus Hills

Edison Johnson

Holton

Walltown

W.D. Hill

We support Inclusion - Persons of all ability levels are welcome at every facility and every program.

CR: City Resident; NCR: Non-City Resident



FITNESS continued

Spinning

A spin class is a great way to mix up your routine and challenge your body in a different way. You'll burn a lot of calories and vibe out to motivating music during your workout. Come join us for a great ride and super fun in the comfortable indoors.

Age: 18 and up

CR Fee: \$8 NCR Fee: \$13

WALLTOWN PARK RECREATION CENTER

7435 Sep 20-Oct 11 W 11am-11:30am

Edison Johnson Wallyball

The racquetball courts are available to rent in 1 hour blocks. Reservations are accepted up to seven calendar days in advance.

Age: 16 and up

CR Fee: \$8 NCR Fee: \$13

EDISON JOHNSON RECREATION CENTER

7649 Sep 1-Dec 29 M-F 9am-9pm

7650 Sep 1-Dec 29 M-F 9am-9pm

7651 Sep 2-Dec 31 S,Sa 1pm-6pm

7653 Sep 2-Dec 31 S,Sa 1pm-6pm

Adult Open Gym Basketball

You got game? Bring it to open gym basketball! A facility attendant will be present to organize the games. Everyone must bring a valid photo ID in order to participate. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 18 and up

WALLTOWN PARK RECREATION CENTER

CR Fee: \$4 NCR Fee: \$9

7545 Sep 6-Dec 13 W 6pm-9pm

HOLTON CAREER AND RESOURCE CENTER

No Cost

7674 Sep 6-Dec 27 W 7pm-8:45pm

W.D. HILL RECREATION CENTER

CR Fee: \$4 NCR Fee: \$9

7753 Sep 11-Dec 13 M,W 12pm-3pm

CFLRC AT LYON PARK

CR Fee: \$4 NCR Fee: \$9

7640 Sep 11-Dec 18 M 6pm-8:30pm

Glory Days

Ever played in a basketball league or wanted to play but didn't feel at your best? Ever reminisce about the glory days? Glory Days is a perfect opportunity to come out and rekindle some of those things you once did. We will practice basketball drills and exercises to knock off that rust and get you better the next time you step on the basketball court. Why wait for the basketball league to start to get in shape? Instead be better prepared before the season starts and enjoy those glory days.

Age: 16 and up

CR Fee: \$4 NCR Fee: \$9

WALLTOWN PARK RECREATION CENTER

7670 Oct 18-Nov 8 W 5:30pm-6:30pm

Mommy and Me Strollercise

A pre- and postnatal workout program for new parents who want to get fit without having to hire a babysitter. Using the stroller as part of their exercise, the group is led through a series of strength training activities that will help you lead an active lifestyle and socializing during even the most hectic months of your life.

No Cost

I.R. HOLMES, SR. RECREATION CENTER

7406 Sep 11-Dec 18 M 10am-12pm

Mommy and Me Yoga

Yoga is for everyone! This class combines babies, toddlers, and preschoolers for a very unique enrichment program. Let's do some yoga poses, play games, sing songs and exercise! Learn soothing relaxation techniques and strengthen the parent-child bond.

Age: 1-3

No Cost

EDISON JOHNSON RECREATION CENTER

7724 Sep 6-Dec 20 W 11am-12pm

Pickleball

Pickleball is a racquet sport which combines elements of badminton, tennis and table tennis. No need to worry about the weather, this open recreation sport will have participants enjoying friendly game play in a climate controlled indoor setting. We will focus on the main components of the game of Pickleball and learn the strategy of the game.

Age: 18 and up

CR Fee: \$4 NCR Fee: \$9

W.D. HILL RECREATION CENTER

7802 Sep 1-Dec 15 F 12pm-3pm

7804 Sep 2-Dec 16 Sa 2pm-5pm

WALLTOWN PARK RECREATION CENTER

7585 Sep 2-Dec 30 T-Th 3pm-5:30pm

Sa 1pm-5pm

CFLRC AT LYON PARK

7656 Sep 11-Dec 18 M 10am-12pm

Racquetball

The racquetball courts are available to rent in 1 hour blocks. Reservations are accepted up to seven calendar days in advance. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per hour.

Age: 16 and up

CR Fee: \$8 NCR Fee: \$13

EDISON JOHNSON RECREATION CENTER

7647 Sep 1-Dec 31 M-F 9am-8pm

Sa-S 1pm-5pm

18 and up

I.R. HOLMES, SR. RECREATION CENTER

7467 Sep 1-Dec 31 M-Th 6am-9pm

F 6am-8pm

Sa 8am-6pm

S 1pm-6pm

Tumbling Tots

Tots will enjoy routines that allow your child to develop and increase athletic ability, social skills and work on self-esteem early.

Age: 2-4

CR Fee: \$9 NCR Fee: \$14

I.R. HOLMES, SR. RECREATION CENTER

7443 Sep 13-Oct 18 W 9am-9:30am

7449 Oct 26-Dec 7 Th 9am-9:30am

Walking

On your mark, get set, GO! Walking is one of the most common forms of exercise. You walk every day, so why not come into our climate-controlled facility and enjoy a nice walk? Rain or shine, it doesn't matter how the weather is - if we're open, you can WALK. So grab a friend, tie your shoes, and get ready to walk away the pounds!

No Cost

HOLTON CAREER AND RESOURCE CENTER

7676 Sep 1-Dec 31 Daily 9am-5pm

WALLTOWN PARK RECREATION CENTER

7546 Sep 1-Dec 31 M-Th 8:30am-9pm

F 8:30am-10pm

Sa 8:30am-6pm

S 1pm-6pm

W.D. HILL RECREATION CENTER

7750 Sep 2-Dec 16 M-Th 8:30am-9pm

F 8:30am-10pm

Sa 8:30am-6pm

**LOOKING FOR FITNESS
CLASSES JUST FOR
MATURE ADULTS?**

Mature Adult Fitness Programs
can be found on p. 26

WELLNESS CENTERS

EDISON JOHNSON RECREATION CENTER

Edison Johnson offers a variety of equipment including treadmills, recumbent and upright bikes, and elliptical trainers. Dumbbells and stability balls are also available. Fitness Room orientations are available by appointment only.

Sept 1-Dec 31	M-F	9am-9pm
	Sa	9am-1pm
		3pm-6pm
	Su	3pm-6pm



HOLTON CAREER AND RESOURCE CENTER

The fitness center at Holton offers treadmills, recumbent bikes and elliptical machines for cardio workouts. Free weights and strength training equipment are available for workouts.

No Cost

Sept 1-Dec 31	M-F	10am-1pm
	M-F	5:30pm-8:30pm
	Sa	10am-3pm
	Su	1pm-5pm



WALLTOWN PARK RECREATION CENTER

Walltown offers variety of equipment in a small, private setting. Perfect for getting started with a new workout or maintaining your current program. Treadmills, recumbent bikes, jump ropes and upper body cycles are available for your cardio workout. Universal weight machines, medicine balls, and stability balls are available for your strength workouts.

Sept 1-Dec 31	M-Th	8:30am-9pm
	F	8:30am-10pm
	Sa	8:30am-6pm
	S	1pm-6pm



I.R. HOLMES, SR. RECREATION CENTER AT CAMPUS HILLS

Treadmills, recumbent bikes, jump ropes, and BOSU Balance Trainers are available for your cardio workout. Free weights, machines, medicine balls, & stability balls are available for your strength workouts.

Sept 1-Dec 30	M,W,F	6am-8:30am
	M-F	12pm-8pm
	Sa	9am-1pm



Just want to come for a day?

Daily Activity Pass

- General admission to indoor pools
- Drop-in exercise programs
- Open gym
- Use of exercise equipment at any DPR facility

Age: 19-54
CR: \$4, NCR: \$9
Age: 55 and better
CR: \$3, NCR: \$8

DPR Wellness Package

Work out at any of our centers and take fitness classes for an affordable monthly price with DPR's wellness package.

DPR Wellness Package

- Unlimited land-based group fitness and mind/body classes
- Use of weights and fitness equipment
- Open gym programs
- Use of the gymnasium (when available)
- Can be used at any DPR recreation center

City Resident: \$20 per month
Non-City Resident: \$25 per month
A Play More Card is required to purchase a Wellness package.

DPR Wellness Pass is for ages 18 and up.

**Additional fees apply for the use of aquatics facilities and participation in some of the other classes, activities and team sports listed in Play More.*

+ add an Open Swim Package

Includes everything included in the DPR Wellness Package, PLUS recreational and lap swim in the indoor aquatic centers.

City Residents: \$40 per month
Non-City Residents: \$55 per month
A Play More Card is required to purchase a Wellness + Open Swim package.

CONNECT WITH US

Receive important news and information!



@DPRPlaymore



MARTIAL ARTS

Chinese Shotokan Karate - Beginner

This class will combine the basic blocks, kicks, and punches of traditional karate with the self-defense techniques of Chinese Shotokan Karate. Strength, focus, coordination, assertiveness and self-discipline are only a few benefits of the martial arts - they're also a great way to have fun! Once you've learned the basic techniques, you'll put them to work in drills, games, tournament-style sparring, and street defense scenarios. Please wear loose, comfortable clothing.

EDISON JOHNSON RECREATION CENTER
Age: 5-11

CR Fee: \$21 NCR Fee: \$26

7725 Sep 11-Oct 26 M,Th 6pm-7pm

7727 Nov 6-Dec 21 M,Th 6pm-7pm

EDISON JOHNSON RECREATION CENTER
Age: 13 and up

CR Fee: \$72 NCR Fee: \$92

7728 Nov 6-Dec 21 M,Th 7:15pm-8:15pm

CR Fee: \$77 NCR Fee: \$97

7726 Sep 11-Oct 26 M,Th 7:15pm-8:15pm

Korean Karate

Participants learn self-defense, stress management and physical fitness through controlled movements.

Age: 6 and up

No Cost

HOLTON CAREER AND RESOURCE CENTER

7703 Sep 7-Sep 28 Th 6pm-7pm

7704 Oct 12-Nov 2 Th 6pm-7pm

7705 Nov 16-Dec 14 Th 6pm-7pm

Martial Arts

Join us for a kickin' good time as kids learn martial arts and self defense. Children also benefit from anti-bully and anti-abduction skills while building self confidence, coordination and balance. They will enjoy lots of social interaction through fun games. This fun-filled, skill building program will focus on many aspects of self-defense for children.

Age: 5-12

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

7409 Sep 16-Oct 21 Sa 10:45am-11:45am

7410 Nov 4-Dec 16 Sa 10:45am-11:45am

Tai Chi

We will learn the Tai Chi Yang Short Form to promote a calm, focused mind and improve mind-body coordination. See why this is also called meditation in motion. All skill levels welcome.

Age: 18 and up

CR Fee: \$64 NCR Fee: \$79

EDISON JOHNSON RECREATION CENTER

7722 Sep 6-Dec 20 W 7pm-8pm

Tae Kwon Do

The martial art of Tae Kwon Do teaches self-defense, physical fitness, self-control, clarity of thought, focus and confidence. The class offers a fun approach for kids to engage in an activity that promotes their growth and development.

Additional fees will apply for uniforms, testing, and belts.

Age: 8-11

CR Fee: \$6 NCR Fee: \$11

W.D. HILL RECREATION CENTER

7737 Sep 29-Oct 20 F 6:15pm-7:15pm

7738 Oct 27-Nov 17 F 6:15pm-7:15pm

7739 Dec 1-Dec 22 F 6:15pm-7:15pm

Durham PARKS Foundation



Established July 2015

DurhamParksFoundation.org

Why a park foundation?

Fundraising and accepting donations

Private donors often like to give to the private sector because they have more control of how their money will be spent.

Grant writing and management

Many foundations only accept applications from 501(c)3 non-profit organizations.

Efficiency and flexibility

Foundation funding would allow for purchasing equipment, hiring repair crews, and increasing programming opportunities on an as-needed or emergency basis.

Advocacy

Volunteers have more freedom to speak out for budget increases, increased security, or in favor of acquiring new parkland, while a parks department works within the city's adopted priorities.

Community ties

A non-profit foundation has strong credibility with residents and local institutions.

Consistent leadership

A mature nonprofit conservancy or friends group can sometimes provide more continuous leadership than public officials.

email Annette.Smith@durhamnc.gov for more information.



MATURE ADULT PROGRAMS

MATURE ADULT FITNESS

Arthritis Exercise: Stretch & Move Again

Do you feel pain and stiffness? Are you listening to what your body is telling you? It is telling you to come join us in an Arthritis Exercise Class to help loosen those joints and ease your pain. Learn many new techniques that will help keep you loose and limber. Wear comfortable, loose clothing and bring a bottle of water.

Age: 55 and up
No Cost

WALLTOWN PARK RECREATION CENTER
7506 Sep 6-Oct 4 M,W 10am-11am
7507 Oct 9-Nov 6 M,W 10am-11am
7508 Nov 8-Dec 6 M,W 10am-11am

Bands and Bells

This class offers strength and conditioning-based exercise to participants who want to tone, gain strength and muscle, as well as develop greater mobility and flexibility. Various pieces of equipment will be used in order to meet these goals including, but not limited to, dumbbells, kettle bells, and resistance bands. Medicine balls and body-weight movements will also be utilized.

Age: 55 and up
No Cost

WALLTOWN PARK RECREATION CENTER
7510 Sep 5-Dec 19 T 10:30am-11:15am

Chair Exercise

This group exercise program is designed to improve your overall health and fitness. All classes are taught to music. Participants should wear loosely fitted, athletic-type apparel.

Age: 55 and up
No Cost

HOLTON CAREER AND RESOURCE CENTER
7764 Sep 5-Sep 28 T,Th 10am-10:45am
7765 Oct 3-Oct 31 T,Th 10am-10:45am
7767 Nov 2-Nov 30 T,Th 10am-10:45am
7768 Dec 5-Dec 28 T,Th 10am-10:45am

WALLTOWN PARK RECREATION CENTER
7509 Sep 14-Dec 21 Th 9:30am-10:15am

W.D. HILL RECREATION CENTER

CR Fee: \$4 NCR Fee: \$9
7755 Oct 10-Dec 12 T 10am-11am

Get Fit with Style

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and mobility. This high-energy class incorporates dance moves and is geared for active mature adults. This is a drop-in exercise program, fees listed are per class.

Age: 55 and up
CR Fee: \$3 NCR Fee: \$8

I.R. HOLMES, SR. RECREATION CENTER
7455 Sep 5-Dec 28 T,Th 9am-10am

Gospel Movement

Do you enjoy gospel music? Do you enjoy moving your body? Come out and have some fun as we create physical movement inspired through gospel music. Wear comfortable, loose clothing and bring a bottle of water.

Age: 55 and up

HOLTON CAREER AND RESOURCE CENTER
No Cost

7770	Sep 11-Sep 25	M	10am-10:45am
7771	Oct 2-Oct 30	M	10am-10:45am
7772	Nov 6-Nov 27	M	10am-10:45am
7773	Dec 4-Dec 18	M	10am-10:45am

CFLRC AT LYON PARK

CR Fee: \$9 NCR Fee: \$14

7798	Sep 7-Sep 28	Th	10am-10:40am
7800	Oct 5-Oct 26	Th	10am-10:40am
7801	Nov 2-Nov 30	Th	10am-10:40am
7803	Dec 7-Dec 21	Th	10am-10:40am

Line Dancing

Line dance refers to a range of choreographed routines danced in a group without partners. It's a great workout for the body and mind; participants will learn a limited number of basic level dances. No prior experience is required.

Age: 55 and up
CR Fee: \$3 NCR Fee: \$8

I.R. HOLMES, SR. RECREATION CENTER
7456 Sep 6-Dec 20 W 9am-10am

Mature Adult Fitness

This group exercise program is designed to improve your overall health and fitness. All classes are taught to music. Participants should wear loosely fitted, athletic-style apparel.

Age: 55 and up
No Cost

EDISON JOHNSON RECREATION CENTER
7483 Sep 1-Dec 29 M,W,F 9am-10am

Mature Adult Open Gym Basketball

You got game? Bring it to open gym basketball! A facility attendant will be present to organize the games. Everyone must bring a valid photo ID in order to participate.

Age: 55 and up
No Cost

HOLTON CAREER AND RESOURCE CENTER
7785 Sep 6-Dec 20 W 5pm-6:30pm

W.D. HILL RECREATION CENTER
7745 Sep 11-Oct 9 M 6pm-9pm





MATURE ADULT PROGRAMS continued

Mature Men on Weights

Men, it's time to put down the remote and take control of your health! This program is designed to teach you the proper usage of exercise machines, free weights, resistance bands, balls, Bosu, and more. You will learn exercise principles and improve your physical fitness. You will also learn how to design a personal exercise program to meet your goals.

Age: 55 and up

WALLTOWN PARK RECREATION CENTER

CR Fee: \$3 NCR Fee: \$8

7586 Sep 12-Oct 10 T 10am-11am

I.R. HOLMES, SR. RECREATION CENTER

CR Fee: \$9 NCR Fee: \$14

7481 Oct 31-Dec 5 T 10am-11am

I.R. HOLMES, SR. RECREATION CENTER

CR Fee: \$9 NCR Fee: \$14

7480 Sep 12-Oct 17 T 10am-11am

Mature Women on Weights

Ladies - don't shy away from free weights and strength training! This program is designed to teach you the proper use of exercise machines, free weights, resistance bands, balls, Bosu, etc. You will build endurance, improve muscle tone, and learn exercise principles. You will also design a personal exercise program to meet your fitness goals.

Age: 55 and up

CR Fee: \$9 NCR Fee: \$14

I.R. HOLMES, SR. RECREATION CENTER

7478 Sep 11-Oct 16 M 10am-11am

7479 Oct 30-Dec 4 M 10am-11am

Walk with Ease

Walk with Ease is a fitness program that can reduce pain associated with arthritis and improve overall health. The program includes education sessions, warm-up and cool-down stretches. The benefits to you are: to motivate yourself to get in shape, walk safely and comfortably, improve your strength, flexibility, and stamina, and reduce pain and feel great. Course instructors are certified by the National Arthritis Foundation.

Age: 55 and up

No Cost

CFLRC AT LYON PARK

7511 Sep 11-Oct 27 M,W,F 11am-12pm

MATURE ADULT ACTIVITIES

Arts and Crafts

If you are interested in tapping into your creative side, we are offering various arts and crafts opportunities for mature adults, ages 55 and better. Instruction is provided; your only expense is the supplies. No experience necessary.

Age: 55 and up

No Cost

HOLTON CAREER AND RESOURCE CENTER

7774 Sep 5-Sep 26 T 10:45am-12:15pm

7775 Oct 3-Oct 31 T 10:45am-12:15pm

7776 Nov 7-Nov 28 T 10:45am-12:15pm

7777 Dec 5-Dec 19 T 10:45am-12:15pm

Bid Whiz

Experience a fun card game in great atmosphere. Come out and learn how to play while meeting new friends.

Age: 55 and up

No Cost

WALLTOWN PARK RECREATION CENTER

7516 Sep 5-Sep 26 T 4:30pm-8:30pm

7517 Oct 3-Oct 31 T 4:30pm-8:30pm

7518 Nov 7-Nov 28 T 4:30pm-8:30pm

7519 Dec 5-Dec 19 T 4:30pm-8:30pm

Bingo

Stop in and enjoy playing bingo with others who love the game.

Age: 55 and up

No Cost

HOLTON CAREER AND RESOURCE CENTER

7769 Sep 6-Dec 20 W 10am-12pm

Bridge

Stop in and enjoy playing bridge with others who love the game.

Age: 55 and up

No Cost

EDISON JOHNSON RECREATION CENTER

7655 Sep 7-Dec 21 Th 12pm-3pm

Bridge Class

Stop in, learn, and enjoy playing bridge with others who love the game.

Age: 55 and up

No Cost

WALLTOWN PARK RECREATION CENTER

7587 Sep 13-Nov 29 W 1pm-2:30pm

Fishing at Lake Michie

Imagine sitting on a bank on a peaceful morning when all of sudden you hook the "big one." As you begin to reel it in all of your friends surround you and watch anxiously as you bring it to shore. You feel the pride of landing the prize of the day. Ok- we can't promise the "big catch," but you are sure to have fun. Transportation is an extra fee.

Age: 55 and up

CR Fee: \$6 NCR Fee: \$11

LAKE MICHIE BOATING AREA

7520 Oct 13 F 7:30am-12pm

Let's Get Together!

There are lots of things we can do when we "Get Together." So this program is planned based on your interests and feedback. Anything from a checkers tournament, guest speaker or discussion group, to movie and popcorn. Your help in planning and leading is always welcomed, so "Let's Get Together!"

Age: 55 and up

No Cost

CFLRC AT LYON PARK

7489 Sep 5-Sep 19 T 10:30am-11:30am

7492 Oct 3-Oct 31 T 10:30am-11:30am

7493 Nov 7-Nov 21 T 10:30am-11:30am

7494 Dec 5-Dec 19 T 10:30am-11:30am

HOLTON CAREER AND RESOURCE CENTER

7792 Sep 11-Sep 25 M 10:45am-11:45am

7793 Oct 2-Oct 30 M 10:45am-11:45am

7794 Oct 2-Oct 30 M 10:45am-11:45am

7795 Dec 4-Dec 18 M 10:45am-11:45am

WALLTOWN PARK RECREATION CENTER

7495 Sep 5-Sep 26 T 12pm-1pm

7497 Sep 14-Sep 28 Th 11am-12pm

7498 Oct 3-Oct 31 T 12pm-1pm

7499 Oct 5-Oct 26 Th 11am-12pm

7501 Nov 2-Nov 30 Th 11am-12pm

7500 Nov 7-Nov 28 T 12pm-1pm

7502 Dec 5-Dec 19 T 12pm-1pm

7503 Dec 14-Dec 21 Th 11am-12pm

Mature Adult Open Forum

Open forums are meetings where anyone can come and voice their opinions and concerns about Durham Parks and Recreation Mature Adult issues they feel are important.

Age: 55 and up

No Cost

CFLRC AT LYON PARK

7504 Sep 12 T 10:30am-11:30am

HOLTON CAREER AND RESOURCE CENTER

7797 Dec 1 F 12pm-1pm

WALLTOWN PARK RECREATION CENTER

7505 Oct 16 M 11am-12pm

Want to give input on the Mature Adult programming offered by DPR, and help spread the word about our activities? Join the Mature Adult Council! Call 919-560-4296!



MATURE ADULT PROGRAMS continued

Knitting

This class is for knitters and crocheters of all levels. Learn basic and new techniques and work on your projects as you socialize with others.

Age: 55 and up

No Cost

EDISON JOHNSON RECREATION CENTER
7657 Sep 6-Dec 20 W 10am-11:30am

Mature Adults Potluck

It's time for the holidays! Come share your favorite dish with friends and mingle with us as we eat some home-cooked food.

No Cost

I.R. HOLMES, SR. RECREATION CENTER
7417 Nov 16 Th 12pm-2pm

Movies

You pick the movie you want to view. \$5 fee paid at movie theater includes movie, popcorn, and drink. Transportation is an extra fee.

Age: 55 and up

No Cost

7780	Sep 8	F	12:30pm-4pm
7782	Oct 13	F	12:30pm-4pm
7783	Dec 8	F	12:30pm-4pm

Pinochle

Want a great way to enjoy an afternoon with friends and showing your skills at this classic card game? Join us for a truly great time!

Age: 55 and up

No Cost

WALLTOWN PARK RECREATION CENTER

7512	Sep 1-Sep 29	F	4:30pm-9pm
7513	Oct 6-Oct 27	F	4:30pm-9pm
7514	Nov 3-Nov 17	F	4:30pm-9pm
7515	Dec 1-Dec 22	F	4:30pm-9pm

MATURE ADULT TRIPS

Come join the fun as we travel across our great state - and beyond! We've visited the coast, State Fair, wineries, and headed south on the train. You will find an array of opportunities that stimulate your mind and exercise your body. Stay active on trips with DPRI! Accessible buses and vans are available. For more information call our Mature Adult Staff at 919-560-4355.

NC Zoo

By popular demand, you asked and we delivered! We're off to the NC Zoo. You'll be able to visit Africa, the Aviary, and North America. In Africa, you'll feel like you are part of a safari. The R.J. Reynolds Forest Aviary has over 3,000 exotic plants and dozens of exotic birds. In North America, enjoy exhibits from the hot and dry desert to the Icy Rocky Coast. You can even ride the tram free of charge to get to various parts of the zoo. There are several restaurants and snack bars available. The cost of food and drinks is not included in the price. This trip will require a high level of walking. There will be places to stop and rest.

Age: 55 and up

CR Fee: \$39.10 NCR Fee: \$54.10
6844 Oct 26 Th 8:30am-6pm

The National Museum of African American History

Journey with us on this one-day trip to Washington D.C. where we will visit our newest national treasure, the National Museum of African American History and Culture. Immerse yourself in the rich legacy of those who have gone before us and celebrate a future filled with possibility. Experience the powerful moments in African American history, culture, and community. This includes round-trip motor coach transportation and admission to the museum. Breakfast, lunch, and dinner will be on your own.

Age: 55 and up

CR Fee: \$58 NCR Fee: \$72
7522 Sep 7 Th 5am-

Southern Supreme Fruitcake Factory

We'll tour the Southern Supreme Fruitcake Factory and taste delicious fruitcake and other holiday goodies! We've built in a lot of time for shopping and a leisurely lunch (not included in price) on the way home.

Age: 55 and up

CR Fee: \$6 NCR Fee: \$11
6837 Nov 16 Th 9am-2pm

NC State Fair

The entertainment, the rides, the food and the fun - it is fair time once again. Join us for Senior Day at the North Carolina State Fair. There will be refreshments, give-aways and all of the usual fair experiences! Fair admission is FREE for folks 65+. Admission is \$10 for others.

Age: 55 and up

CR Fee: \$6 NCR Fee: \$11
6836 Oct 17 T 8:30am-1:30pm

Tryon Palace

Join us for a Colonial Christmas Celebration that is sure to delight in New Bern. Step back in time as we visit a replica of the mansion built in the late 1760s for the Royal Governor of the Province of North Carolina. All that we see will be dressed up for the Christmas season in resplendent decorations for different eras of holiday traditions, ranging from 18th to 20th centuries. We will have guided tours of the Governor's Palace, the Kitchen Office, The John Wright Stanly House, the George W. Dixon House, and the Palace Gardens. In addition, we will visit the museum store. This tour will require a high level of walking, however there are many comfortable seating areas along the way.

Age: 55 and up

CR Fee: \$49.80 NCR Fee: \$64.80
6841 Dec 7 Th 9:30am-9:30pm



MATURE ADULT PROGRAMS continued

Senior Games Cheerleader Showcase

Let's go to Raleigh and cheer on the Durham Divas and Dude cheerleading group who are representing Durham Senior Games in the state cheerleader showcase! Plus, join in the overall opening ceremony festivities of NC Senior Games!

Age: 55 and up

CR Fee: \$6 NCR Fee: \$11

6833 Sep 21 Th 3:45pm-7:45pm

Senior Open Rec

Come participate in a variety of fun activities including billiards, foosball, darts, and board games.

Age: 55 and up

No Cost

W.D. HILL RECREATION CENTER

7756 Sep 2-Dec 16 Sa 11am-1pm

Dining Around Durham: Supper and All That Jazz!

Join old friends and make some new ones as Mature Adults step out for a night on the town! We'll be having supper at The Blue Note Grill (on your own, wings, salads, burgers, chicken, ribs, pulled pork) followed by an evening of live jazz entertainment. Eat, swing, and have a ball!

Age: 55 and up

CR Fee: \$3 NCR Fee: \$8

7521 Nov 8 W 5pm-9pm

DPAC Backstage Tour

Take a special behind-the-scenes tour of Durham Performing Arts Center and see the stage at all levels. Plus, take the center spotlight as you walk across the stage! Take in spectacular city views from the atrium and take a peek back stage at where the stars prepare for show time. Afterwards, enjoy a red carpet show-stopping lunch (on your own) at Dame's Chicken and Waffles.

Age: 55 and up

CR Fee: \$3 NCR Fee: \$8

7523 Feb 12 M 11am-4pm

Square Dancing

Ready for a fun, energetic morning, dancing with friends? This program offers basic square dancing and line dancing for mature adults. Bringing a partner is helpful, but not necessary.

Age: 55 and up

CR Fee: \$12 NCR Fee: \$17

EDISON JOHNSON RECREATION CENTER

7723 Sep 5-Dec 19 T 9am-11am

Technology Made Easy

Can't teach old dogs new tricks? We beg to differ! Come learn the basic skills used to communicate in today's world. Several topics will be covered including: Facebook, Twitter, email, online purchasing, uploading photos, text messaging, search engines, and many more! Have questions about your computer or cell phone? We can help with that too!

Age: 55 and up

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

7419 Oct 12-Nov 16 Th 2pm-3pm

What's That And Why Should I Eat It?

Come join us to learn about the health benefits of various fruits and vegetables. Cooking tips, recipes and other educational materials will be provided. Stay for the Mature Adult Farmers' Market at Holton and receive free produce. Bringing your own bag is recommended, but not required. Takes place on 3rd Thursday of the month at Holton and 4th Tuesday of the month at Lyon Park.

Age: 55 and up

No Cost

CFLRC AT LYON PARK

7524 Sep 26 T 11am-11:45am

7525 Oct 24 T 11am-11:45am

7526 Nov 28 T 11am-11:45am

HOLTON CAREER AND RESOURCE CENTER

7787 Sep 21 Th 10:45am-11:30am

7788 Oct 19 Th 10:45am-11:30am

7789 Nov 16 Th 10:45am-11:30am

7790 Dec 21 Th 10:45am-11:30am

Farmers' Market

Durham Parks and Recreation and the Interfaith Food Shuttle have partnered to provide FREE fruits and vegetables for mature adults at the Holton Farmers' Market. These fresh fruits and vegetables are donated by local vendors. Note: Amount of fruit and vegetables individuals receive is determined by the produce donated that day. Bringing your own bag is recommended, but not required. Takes place on the 1st and 3rd Thursdays of the month.

Age: 55 and up

No Cost

HOLTON CAREER AND RESOURCE CENTER

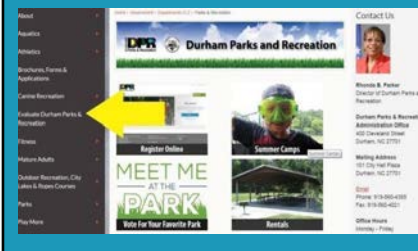
7778 Sep 7-Dec 21 Th 11:30am-12:30pm



Tell us how we're doing!

Visit to our website
dprplaymore.org
to complete an online
evaluation.

Click on *Evaluate Durham
Parks and Recreation.*





OUTDOOR RECREATION AND CITY LAKES

Astronomy Series - Sandy Creek Sky Watching

Come gaze at the stars and other deep sky objects in the October night sky. We will have our high-powered telescopes and knowledgeable astronomers from CHAOS, NCCU and DPR on hand to guide you through the experience. No pre-registration required. No Cost

SANDY CREEK PARK
7605 Oct 21 Sa 8pm-10pm

Astronomy Series - Saturn Viewing

You know what they say: "If you like a planet you shoulda put a ring on it!" Come join us as we take a look at the sixth planet from the sun using our high-powered telescopes. No pre-registration required.

No Cost
C.M. HERNDON PARK
7606 Nov 17 F 7pm-9pm

Astronomy Series - Geminid Meteor Shower

The Geminid Meteor shower is the most prolific meteor shower of the year with up to 120 meteors per hour. Valley Springs park has less ambient light than most places in Durham, making it perfect for lying on a blanket with a cup hot chocolate and viewing the spectacle. No pre-registration required for this program. No Cost

VALLEY SPRINGS PARK
7607 Dec 14 Th 1:30am-3am

Camp Songs Community Campfire

Somewhere in the Durham community is that person who knows the same camp songs you learned as a camper or camp staff. Join us around the fire with a s'more and some of your favorite campfire sing-along songs. We'll lead, you sing the song (or watermelon) along with us. No pre-registration required.

No Cost
OVAL DRIVE PARK
7609 Sep 8 F 7pm-8pm

Spooky-ish Stories Community Campfire

As Halloween draws near, come gather around the campfire, enjoy a s'more and listen to spooky(-ish), stories that are appropriate for all ages. We provide the fire, s'mores and spooky stories. No pre-registration required. No Cost

LEIGH FARM PARK
7610 Oct 27 F 7pm-8pm

S'mores with Santa Community Campfire

Join Santa around the warm, crackling campfire, making sweet candy cane s'mores. No pre-registration required. No Cost

EDGEMONT PARK
7611 Dec 8 F 7pm-8pm

High Ropes Discovery Day

Come explore Durham Parks and Recreation's high ropes course and navigate a variety of obstacles, some reaching 55 feet in the air! Ages 7 and up (children ages 7-9 must be accompanied by a participating adult)

Age: 7 and up
CR Fee: \$8 NCR Fee: \$13

BETHESDA PARK
7615 Sep 9 Sa 11am-12:30pm
7616 Sep 9 Sa 12:30pm-2pm
7617 Sep 9 Sa 2pm-3:30pm
7618 Oct 28 Sa 11am-12:30pm
7619 Oct 28 Sa 12:30pm-2pm
7620 Oct 28 Sa 2pm-3:30pm
7621 Dec 2 Sa 11am-12:30pm
7622 Dec 2 Sa 12:30pm-2pm
7623 Dec 2 Sa 2pm-3:30pm

Moonlight Geopaddle

Join DPR Outdoor Recreation for one of our most popular programs, combining the fun of a nighttime GPS scavenger hunt with kayak paddling the glassy waters of gorgeous Lake Michie. We will provide the paddling and orientation equipment, you bring weather appropriate clothing and a flashlight. Children under the age of 16 must be accompanied by an adult. Pre-registration is required.

Age: 7 and up
CR Fee: \$8 NCR Fee: \$13
LAKE MICHIE BOATING AREA
7629 Sep 15 F 7pm-8:30pm

Muddy Boots

Adventure in nature with your preschooler at West Point on the Eno. We'll read a nature-themed book, then take a walk on the wild side to find the nature right outside our door. Children must be accompanied by a parent, and of course, wear boots or sneakers that can get a little dirty! Pre-registration is required.

Age: 2-5
CR Fee: \$2 NCR Fee: \$6
SANDY CREEK PARK
7624 Sep 12 T 10am-11am
7625 Oct 10 T 10am-11am
WEST POINT ON THE ENO
7626 Nov 14 T 10am-11am
7627 Dec 12 T 10am-11am

Bull City Campout

Whether you're new to tent camping or an old pro, camping with your friends in Historic West Point on the Eno Park with Durham Parks and Recreation is a good time for all. Campfire stories, river exploration, night hikes, s'mores and stargazing through our telescopes are just a few of the adventures we'll have in the park. A cookout dinner of hotdogs is provided for participants. A limited number of tents and sleeping bags are available for this event. Children under the age of 16 must be accompanied by parent. Pre-registration is required.

Age: 7 and up
CR Fee: \$8 NCR Fee: \$13
WEST POINT ON THE ENO
7628 Sep 23-Sep 24 Sa,S 3pm-7am

Flashlight Scavenger Hunt

Who doesn't love playing with flashlights? Bring your team of friends and come race through Northgate Park after dark, searching for hidden reflective 'targets' around the park. Children must be accompanied by an adult. No pre-registration required.

No Cost
NORTHGATE PARK
7608 Oct 6 F 7pm-8pm

Sunset Paddle

Savor a sunset by paddling canoes and kayaks on scenic Lake Michie with DPR Outdoor Recreation. We will provide the equipment, you bring weather-appropriate clothing.

Age: 7 and up
CR Fee: \$8 NCR Fee: \$13
LAKE MICHIE BOATING AREA
7613 Oct 14 Sa 5pm-7pm
7614 Nov 4 Sa 4:30pm-6:30pm

Urban Wild at HallowEno

Did you know that bats can eat up to 3,000 insects a day? Or that they have quite good vision? Join us for bat stories and crafts at HallowEno. No registration required.

No Cost
WEST POINT ON THE ENO
7612 Oct 31 T 5pm-7pm

PHOTOS WANTED!

Do you have photos you've taken at DPR recreation centers, parks, or events? Submit them to us and you may see them printed in Play More! High quality images can be emailed to dprinfo@durhamnc.gov.



OUTDOOR RECREATION AND CITY LAKES continued

Lake Michie and Little River Lake in northern Durham County offer recreational fishing and boating. Both lakes are open to the public March 10-November 13, Friday, Saturday, Sunday and Monday from 6:30am-6pm. The lakes will also be open on the following holidays: Good Friday, Easter, Memorial Day, Independence Day, and Labor Day.

CITY LAKES

LAKE MICHIE

2802 Bahama Rd.
Bahama, NC 27503

Friday-Monday
6:30 a.m.-6 p.m.

Canoes and kayaks are available to rent. Fishing licenses are required. Visit our website for rental fees and additional information.

For more information during the season, mid-March through mid-November (Friday-Monday), call the Lake Michie boathouse at 919-477-3906. For more information Tuesday through Thursday and/or during the off-season please contact DPR Outdoor Recreation staff at 919-560-4405.



LITTLE RIVER LAKE

1500 Orange Factory Rd.
Durham, NC 27712

Friday-Monday
6:30 a.m.-6 p.m.

Electric motor, rowboat, canoe and kayak rentals are available. Fishing licenses are required. Visit our website for rental fees & additional information. Personal boats and motors are not allowed.

For more information during the season, mid-March-mid-November (Friday-Monday), call the Little River Lake boathouse at 919-477-7889 during operational hours. For more information Tuesday through Thursday and/or during the off-season please contact DPR Outdoor Recreation staff at 919-560-4405.



ROPES COURSES

LOW ROPES COURSE

At the low challenge course, staff facilitators use a variety of natural and man-made elements, games, and initiatives to help groups and individuals develop trust, cooperation, teamwork and leadership skills. Facilitators utilize a 13-element low ropes course, portable elements, hiking trails and other open spaces to create intellectually and physically engaging outdoor experiences for groups. Each program is individually designed based on a consultation with the client. The minimum age for participation at the low challenge course is 10 years of age, and programs can be designed for persons of differing abilities.

HIGH ROPES COURSE

Durham Parks and Recreation's Discovery Course is a unique experience in personal challenge and high ropes course design. The Discovery Course is full of options, allowing participants to choose their degree of challenge throughout their journey, culminating in a peak experience in the Crow's Nest, which offers birds-eye views of the surrounding area. A final thrill awaits with the participant's choice of the giant swing or zip line as the exit off the course. The course is designed to motivate by building self-esteem, encouraging risk-taking, developing respect for individual differences and fostering trust through a common experience. The Discovery Course is available to the public either through



Discovery High Ropes Course at Bethesda Park

reservations as a group for a team building program, or on the bimonthly "Discovery Days." Minimum age for participation is 7, ages 7-9 must be accompanied by a participating adult. For more information and pricing, individuals and groups may call DPR Outdoor Recreation at 919-560-4405 ext. 27347 or visit our website at dprplaymore.org or getoutdoorsdurham.blogspot.com.



PERFORMING ARTS

Drumming Classes

Learn rhythms using basic base, tone and slap hand techniques.

Age: 5-12

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

7394 Sep 8-Oct 13 F 6pm-7pm

7395 Oct 27-Dec 15 F 6pm-7pm

Intro to Music

The six week course offers a series of music and movement experiences for toddlers ages 3 to 5. Participants interact with percussive instruments (including the piano) in an age appropriate developmental manner. Parents are encouraged to join the fun.

Age: 3-5

CR Fee: \$9 NCR Fee: \$14

W.D. HILL RECREATION CENTER

7743 Sep 12-Oct 17 T 10:15am-11:15am

Intro to Piano

Do you love creating your own sound? This is the perfect class where you can learn how to read music and create a sweet melody!

Age: 8-12

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

7414 Sep 12-Oct 17 T 6:30pm-7:30pm

7415 Nov 7-Dec 12 T 6:30pm-7:30pm

Jr. Cheerleading

This cheerleading class teaches children the basic skills needed to advance in the sport of cheerleading. Your child will learn to memorize cheers and master the art of performing them.

This class is recommended for students who bring enthusiasm, energy, and love to the sport.

Age: 8-11

CR Fee: \$9 NCR Fee: \$14

I.R. HOLMES, SR. RECREATION CENTER

7441 Sep 9-Oct 14 Sa 12pm-1pm

7442 Nov 4-Dec 16 Sa 1pm-2pm

Youth Cheerleading

This class teaches basic cheerleading skills. This class is recommended for kids who have high energy and like to learn cheers and chants.

Age: 5-11

No Cost

HOLTON CAREER AND RESOURCE CENTER

7710 Sep 2-Sep 23 Sa 9am-9:45am

7712 Oct 7-Oct 28 Sa 9am-9:45am

7713 Nov 11-Dec 2 Sa 9am-9:45am

DANCE CLASSES

Tiny Tots Ballet

A fun introduction to ballet for preschoolers! This class helps children to develop motor skills, directional awareness and counting, and socialization skills. Preferred class attire consists of leotards, tights and ballet slippers.

Age: 3-4

EDISON JOHNSON RECREATION CENTER

CR Fee: \$9 NCR Fee: \$14

7680 Sep 2-Dec 2 Sa 9:45am-10:30am

I.R. HOLMES, SR. RECREATION CENTER

CR Fee: \$20 NCR Fee: \$24

7447 Sep 12-Dec 12 T 5:30pm-6:30pm

7448 Sep 13-Dec 13 W 5:30pm-6:30pm

HOLTON CAREER AND RESOURCE CENTER

Age: 3-5

No Cost

7714 Sep 2-Sep 23 Sa 10am-10:45am

7715 Oct 7-Oct 28 Sa 10am-10:45am

7716 Nov 11-Dec 2 Sa 10am-10:45am

Kinder Ballet

Children learn grace and poise in ballet! This class introduces children to the ballet barre, proper dance terms, and correct body positioning. Preferred class attire consists of leotards, tights and ballet slippers.

Age: 5-6

CR Fee: \$15 NCR Fee: \$20

I.R. HOLMES, SR. RECREATION CENTER

7445 Sep 12-Dec 12 T 6:30pm-7:15pm

7446 Sep 13-Dec 13 W 6:30pm-7:15pm

Step by Step Ballet

Our ballet class program is designed to take students from their very first step through a comprehensive curriculum of classical ballet studies. It also encourages physical discipline and general body awareness and control.

Age: 5-12

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER

7392 Sep 16-Oct 21 Sa 12:30pm-1:30pm

7393 Nov 4-Dec 16 Sa 12:30pm-1:30pm

Youth Dance

Continue your child's experience in ballet and lyrical jazz styles of dance. In this class your child will gain dance technique in ballet, lyrical jazz and tap. Preferred class attire consists of leotard, tights and ballet slippers.

Age: 5-12

CR Fee: \$8 NCR Fee: \$12

EDISON JOHNSON RECREATION CENTER

7685 Sep 2-Dec 2 Sa 10:45am-11:30am

Youth Hip Hop Dance

This introductory-level hip hop class provides a structured method of learning hip hop, modern and STEP dance movements in a fun-filled and vibrant class environment. The class utilizes upbeat music from various genres, in addition to the latest hip hop hits. If you really want to learn how to do the latest dances moves, this class is definitely for you.

Age: 5-12

No Cost

HOLTON CAREER AND RESOURCE CENTER

7690 Sep 11-Oct 2 M 6:30pm-7:30pm

7691 Oct 16-Nov 6 M 6:30pm-7:30pm

7692 Nov 20-Dec 11 M 6:30pm-7:30pm

Latin American Folk Dance

This class will explore traditional dances from a variety of Latin American countries. In this program the participants will learn about popular folk dances from Latin America. Additional fees may apply for costumes, accessories, etc.

HOLTON CAREER AND RESOURCE CENTER

No Cost

7717 Sep 2-Sep 23 Sa 12pm-2pm

7718 Oct 7-Oct 28 Sa 12pm-2pm

W.D. HILL RECREATION CENTER

CR Fee: \$9 NCR Fee: \$14

7720 Sep 9-Oct 14 Sa 12:30pm-1:30pm

7742 Oct 21-Nov 25 Sa 12:30pm-1:30pm

Latin Dance

You hear the music and you cannot help it, it makes you move. It lures you to the dance floor, but what to do? This class is ideal for participants looking to learn and venture into the fun world of Latin Dancing. Participants will learn to dance Salsa, Merengue, Cumbia, and Bachata. Beginners are welcome and a dance partner is not required.

Age: 13 and up

HOLTON CAREER AND RESOURCE CENTER

No Cost

7700 Sep 6-Sep 27 W 7pm-8pm

7701 Oct 11-Nov 1 W 7pm-8pm

7702 Nov 15-Dec 6 W 7pm-8pm

W.D. HILL RECREATION CENTER

CR Fee: \$9 NCR Fee: \$14

7740 Sep 7-Oct 12 Th 7pm-8pm

7741 Oct 19-Nov 23 Th 7pm-8pm

PLAY MORE CARD

Purchase a Play More Card to receive
10% off recreation programs



SOCIAL ACTIVITIES

PRESCHOOL ACTIVITIES

Total Tot Time

Come and play with your children in the gym! The emphasis of this program is placed on socialization with parent and child as well as on socializing with other 1-5 year olds. Play with a parachute, crawl through tunnels, jump rope, bowl, or just play tag!

Age: 1-5

No Cost

EDISON JOHNSON RECREATION CENTER
7658 Sep 5-Dec 28 T,Th 10:15am-12:15pm
WALLTOWN PARK RECREATION CENTER
7581 Sep 1-Dec 29 M,F 10am-12pm
I.R. HOLMES, SR. RECREATION CENTER
7411 Sep 13-Dec 20 W 10:15am-12pm

Picasso Babies

Help your toddler (ages 1-5) discover their inner Picasso through the exciting world of arts and crafts. Come and be a witness to your child's first masterpiece! Parental participation is required.

Age: 1-5

No Cost

CFLRC AT LYON PARK

7733	Sep 13	W	10am-11am
7806	Sep 27	W	10am-11am
7807	Oct 11	W	10am-11am
7808	Oct 25	W	10am-11am
7809	Nov 8	W	10am-11am
7810	Nov 22	W	10am-11am
7811	Dec 6	W	10am-11am
7812	Dec 20	W	10am-11am

Story Time in the Park

Join us as we listen to stories, play, and explore some of our local parks! This program offers a lively mix of stories and rhymes for your toddler to enjoy. They'll also learn exciting new games to play and make new friends in their neighborhood. Comfortable clothing and shoes are recommended.

Age: 1-5

No Cost

WALLTOWN PARK

7423 Sep 13-Oct 18 W 12pm-1pm

Sing-a-Long Storytime

Get those little ones singing, stomping and dancing to their favorites songs and stories! They'll make new friends along the way, and learn more about singing and rhythm.

Age: 1-5

CR Fee: \$4.50 NCR Fee: \$9.50

WALLTOWN PARK RECREATION CENTER

7430 Sep 18-Oct 23 M 9:30am-10am

Mess Makers

Parents will pair with their preschooler for arts, crafts music and movement. Get energized moving to the music. Have fun and explore your inner artist with markers, paint, glitter and glue. After each class you will have a project to take home.

Age: 1-5

CR Fee: \$7.50 NCR Fee: \$12.50

WALLTOWN PARK RECREATION CENTER

7399 Nov 7-Dec 12 T 10am-10:45am

"A" Is For Autumn

Falling leaves, pumpkin pies, autumn colors delight my eyes! Join your toddler for a fall-themed scavenger hunt, craft, and refreshments on the first day of autumn.

Age: 2-4

No Cost

EDISON JOHNSON RECREATION CENTER

7719 Sep 22 F 10am-11am

Preschool Costume Ball

It is pretend time at the Costume Ball! Please have your preschooler come dressed as his/her favorite character. Children will enjoy crafts, sing-a-longs and a light snack.

Age: 2-5

CR Fee: \$2 NCR Fee: \$6

I.R. HOLMES, SR. RECREATION CENTER

7422 Oct 18 W 10am-11:15am

Spooky Shenanigans

Have your toddler help us celebrate Halloween and the start of fall! Enjoy story time, music, crafts and refreshments with this fun event.

Age: 3-5

CR Fee: \$3 NCR Fee: \$8

WALLTOWN PARK RECREATION CENTER

7388 Oct 25 W 10am-12pm

Vamp It Up!

Calling all friendly vampires, ghosts, goblins, and ghouls: You're invited to a costume party! Dress in your Halloween best and enjoy some spooktacular games, crafts, and fun with us at Edison Johnson Recreation Center.

Age: 2-4

No Cost

EDISON JOHNSON RECREATION CENTER

7721 Oct 30 M 10am-11am

Fire Safety

Has your child ever wondered what it is like to fight a fire? At this event, they can meet local firefighters and see the equipment they use, including a fire truck! Your tot will also learn some important fire safety tips.

Age: 2-5

CR Fee: \$1.50 NCR Fee: \$6.50

I.R. HOLMES, SR. RECREATION CENTER

7424 Nov 15 W 10am-11:15am

Cookies with Santa

This year, avoid the long lines at the mall, and bring your kids to meet Santa at our recreation center. We will provide a digital photo of each child with Santa (will be emailed to you), cookies and milk, and a holiday art project. You may bring your own camera for additional photos. Ho, ho, ho!

Age: 2-5

CR Fee: \$1.50 NCR Fee: \$6.50

I.R. HOLMES, SR. RECREATION CENTER

7425 Dec 13 W 10am-11:15am

7426 Dec 13 W 6pm-7:15pm





SOCIAL ACTIVITIES

Holiday Hijinx

Have your toddler help us celebrate the holiday season and the start of the New Year! Enjoy story time, music, crafts and refreshments with this fun event.

Age: 3-5

CR Fee: \$3 NCR Fee: \$8

WALLTOWN PARK RECREATION CENTER
7389 Dec 15 F 10am-12pm

Shorty Sporty All-Stars

Want to try several sports? Shorty Sporty All Stars lets you experience different sports and games.

Age: 3-5

CR Fee: \$8 NCR Fee: \$12

WALLTOWN PARK RECREATION CENTER
7404 Oct 30-Dec 4 M 5:30pm-6:15pm
7405 Nov 1-Dec 13 W 5:30pm-6:15pm

Kid-O-Cize

Up, Down, Turn Around, time to Move! Preschoolers will run, play and stretch to music and burn lots of energy. Come join the fun and Kid - O - Cize!

Age: 3-5

CR Fee: \$7.50 NCR Fee: \$12.50

WALLTOWN PARK RECREATION CENTER
7398 Sep 19-Oct 24 T 10am-10:45am

Shorty Sporty Tumbling

This class is for students interested in focusing on tumbling. Participants will be learning basic tumbling skills such as forward/backward rolls, cartwheels and hand/headstands.

Age: 3-5

CR Fee: \$8 NCR Fee: \$12

WALLTOWN PARK RECREATION CENTER
7402 Sep 11-Oct 16 M 5:30pm-6:15pm
7403 Sep 13-Oct 18 W 5:30pm-6:15pm

Superhero to the Rescue!

Find out what it takes to be the best superhero the world has ever seen! Your child will develop their superhero skills by creating a costume, theme song, name and more! They'll also learn about everyday heroes and what it means to be super - without the cape!

Age: 3-5

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER
7418 Nov 1-Dec 13 W 10am-11am

Fairy Tale Adventures

Come learn, explore and talk about your favorite fairy tales. Join us in the happily ever after fun!

Age: 3-5

CR Fee: \$9 NCR Fee: \$14

WALLTOWN PARK RECREATION CENTER
7420 Nov 2-Dec 14 Th 10am-11am

YOUTH AND FAMILY ACTIVITIES

My First Masterpiece

This program will explore the creative ideas of the child and parent. It will include the fundamentals of art including drawing, coloring and painting. The parent and child will be encouraged to practice the skills learned here at the center or home.

Age: 4-8

CR Fee: \$6 NCR Fee: \$11

WALLTOWN PARK RECREATION CENTER
7390 Sep 16-Oct 7 Sa 2pm-3pm
7391 Nov 4-Dec 2 Sa 2pm-3pm

Fun Caravan

Fun Caravan is a mobile recreation program that brings recreation to communities that brings recreation to communities throughout Durham by providing a variety of fun, active, and challenging recreation experiences for children up to 12 years old. The program offers activities from arts and crafts to obstacle courses to more traditional games like relay races. Follow us to the fun! All children must be accompanied by an adult.

Weather permitting.

Age: 12 and under

No Cost

RED MAPLE PARK

7634 Sep 20 W 1pm-3pm

WEAVER STREET RECREATION CENTER

7635 Oct 25 W 1pm-3pm

EDGEMONT PARK

7636 Nov 8 W 10am-12pm

Holiday Cookie Decorating

Get your little ones into the holiday spirit by creating some holiday cookies that taste as good as they look. Baked cookies will be ready for your child to decorate using royal icing and chocolate.

Age: 5-12

CR Fee: \$1.50 NCR Fee: \$6.50

WALLTOWN PARK RECREATION CENTER
7407 Oct 23 M 6pm-7pm
7408 Dec 12 T 6pm-7pm

Youth Lounge

Come lounge out with your friends! You can play video games, board games, watch sports, movies, enjoy music or just kick back and relax with your friends.

Age: 5-12

No Cost

WEAVER STREET RECREATION CENTER
7734 Sep 1-Dec 29 F 6pm-8:30pm

Kid's Chorus

Make a joyful noise and join the Walltown Kids Chorus! Learn the basics, like timing and rhythm, breathing and projection, as well as how to be confident on stage. At the end of the session, we will perform a special concert for family and friends.

Age: 6-12

CR Fee: \$7.50 NCR Fee: \$12.50

WALLTOWN PARK RECREATION CENTER
7433 Nov 7-Dec 12 T 4:15pm-5pm

Open Rec

Come participate in a variety of fun activities including billiards, foosball, darts, and board games.

Age: 6-16

No Cost

HOLTON CAREER AND RESOURCE CENTER
7679 Sep 11-Dec 28 M-Th 6pm-8pm

Family Day Out: Apple Picking

Bring the family out for a day of fun! We'll be traveling to a local orchard to go apple picking! Your family can enjoy some of nature's best apples, and take some home with you later.

Age: 5 and up

CR Fee: \$6 NCR Fee: \$11

WALLTOWN PARK RECREATION CENTER
7671 Sep 23 Sa 10am-2pm

Parent Night Out

Parents enjoy a night out on the town while the kids enjoy the evening at the Edison Johnson Recreation Center. Your children will have a blast in a safe, caring, and fun environment.

Age-appropriate activities will include arts and crafts, sports, games and movies. A snack will be provided. It's a fun night out for everyone!

Age: 5-12

CFLRC AT LYON PARK

CR Fee: \$3 NCR Fee: \$8

7835 Oct 6 F 6:30pm-8:30pm

7836 Nov 3 F 6:30pm-8:30pm

7837 Dec 1 F 6:30pm-8:30pm

EDISON JOHNSON RECREATION CENTER

CR Fee: \$8 NCR Fee: \$12

7689 Sep 8 F 6:15pm-9pm

7699 Oct 13 F 6:15pm-9pm

7709 Nov 17 F 6:15pm-9pm

7711 Dec 8 F 6:15pm-9pm

Jazz on the Court

Enjoy a set of jazz performed by tomorrow's stars from local university music departments.

W.D. Hill Recreation Center's refurbished futsal court will serve as the bandstand.

No Cost

W.D. HILL RECREATION CENTER

7759 Oct 28 Sa 4pm-6pm

Mystery Trip

Up for a surprise? Come join us on a trip somewhere in the Triangle. This trip is a mystery to the participants, find out where we're going when we arrive!

Age: 18 and up

CR Fee: \$6 NCR Fee: \$11

WALLTOWN PARK RECREATION CENTER
7573 Oct 4 W 10am-3pm



SPECIAL EVENTS

Latino Fiesta & Soccer Challenge

Durham Parks and Recreation's Latino Fiesta celebrates our Latino community and educates others about their wonderful and rich culture. The event also provides important information and resources to our Latino community. Join us for great food, music and dancing, a soccer tournament, and fun for the whole family! Rain date is Saturday, September 30.

No Cost

ROCK QUARRY PARK
Sep 23 Sa 10am-3pm

Jazz on the Court

Enjoy a set of jazz performed by tomorrow's stars from local university music departments. W.D. Hill Recreation Center's refurbished futsal court will serve as the bandstand.

No Cost

W.D. HILL RECREATION CENTER
Oct 28 Sa 4pm-6pm

Fright Night

Calling all of Durham's ghost and ghouls: Walltown Park Recreation Center will host its Fall Festival and Haunted House! Our Fall Festival will have classic carnival games for all ages to enjoy; we'll host a costume contest for kids and adults with prizes for the best dressed. And for those who love a fright, our haunted house will have you "howling" with screams and laughter! Admission for this event will be a canned food donation (1-4 cans) from each family - with all proceeds going to the Durham Rescue Mission. Light refreshments will be

provided. Come out in your favorite spooky attire to have great fun for a great cause!

No Cost

FOREST HILLS PARK
Oct 13 F 6pm-9pm

A Hol-ton of Fun

Join the Holton staff for a fun-filled family event as we kick off our new fall programs!

No Cost

HOLTON CAREER AND RESOURCE CENTER
Oct 26 Th 6pm-8pm

Starlight Friday

Spend an evening with the stars, under the stars! Bring the family and enjoy an outdoor movie! These free movies will start at sunset! *Due to movie licensing, we are unable to advertise the movie that will be playing. Please call ahead to find out what we're showing!

No Cost

OVAL DRIVE PARK
Oct 27 F 8pm-10pm

Barktoberfest

Barktoberfest is a celebration for our canine residents and their families. Join us for an afternoon of fun which will include a costume contest, dog performances, games, a beer garden, pet-friendly organizations and vendors, food vendors, and more!

No Cost

DURHAM CENTRAL PARK
Oct 29 Sun 12pm-4pm

Hallow-Eno

Join us for our annual Halloween event that is fun for the whole family! Designed particularly for children ages 12 and younger, this special event features campfire stories and

songs, hayrides, treats, crafts, games, and face painting. No need to register - just come out, rain or shine!

No Cost

WEST POINT ON THE ENO
Oct 31 T 6pm-9pm

Durham Holiday Parade and Fun Fest

Join us for the Holiday Parade as dynamic floats, hometown bands, drill teams, schools, community groups and more make their way down Main Street! The parade will conclude with a special guest appearance by Santa! At the Fun Fest, enjoy snow sledding, pony rides, inflatable bounce houses, arts and crafts activities, visits with Santa, train rides, music, and more!

No Cost

DOWNTOWN DURHAM
Dec 2 Sa

Parade: 11am-1pm
Fun Fest: 1pm-4pm

Santa Paws

Bring your canine friend out to meet Santa! Santa will be available for photos with your pet. Visit one of the pet-friendly vendors for your holiday shopping needs, then grab a bite to eat from the food vendor.

No Cost

DURHAM ARMORY
Dec 8 F 6pm-8:30pm

Holiday Open House

Join us for our annual winter tradition! Enjoy refreshments, historic holiday decorations, festive music, and holiday crafts from yesteryear. No need to register just come on out, rain or shine!

No Cost

WEST POINT ON THE ENO
Dec 10 S 1pm-5pm

Senior Holiday Party

The Senior Holiday Party is one of Durham's largest celebrations for Mature Adults. The party-goers are diverse, but they all have one thing in common - the desire to be entertained and to enjoy the company of long-time friends over dinner in a festive atmosphere. Mature Adults from across the Triangle will be on hand to celebrate life, friendship and to gather information about the companies that support their community.

Age: 55 and up

LOCATION TBA

CR Fee: \$15 NCR Fee: \$20
Dec 12 T 4:30pm-7:30pm





SPECIAL EVENTS

A Frosty Family Affair

It's the most wonderful time of the year! The holiday season brings many reasons to celebrate, so bring the whole family and spread love and cheer at Holton Career and Resource Center! We will provide refreshments and tons of fun activities.

No Cost

All Ages

HOLTON CAREER AND RESOURCE CENTER

Dec 21 Th 6pm-8pm

Kwanzaa Celebration

Kwanzaa is a celebration of family, community, and culture centered on seven basic principles as building blocks for peace and progress within neighborhoods. Holton/ DPR will honor members in our community that represent such values. The celebration will be held on the fifth day of Kwanzaa and will



focus on the principle of Nia (Purpose).

Age: All Ages

No Cost

HOLTON CAREER AND RESOURCE CENTER

Dec 29 F 6pm-8pm

PLAY MORE CARD

Purchase a Play More Card to receive
10% off recreation programs

VENDORS & SPONSORS

Become a vendor or sponsor for an upcoming special event! Opportunities are available for non-profits, artists, businesses and food vendors!



VOLUNTEERS

Volunteers are regularly needed for special events. Visit dprvolunteers.ivolunteer.com to check out upcoming volunteer opportunities.



INCLEMENT WEATHER INFORMATION

If at any point it becomes unsafe to host or continue a program due to inclement weather, DPR will postpone or cancel the event. Please check one of the following online sites for up-to-date information on cancellations and closures:

dprplaymore.org
facebook.com/dprplaymore
twitter.com/dprplaymore
or call: 919-560-4636

Most outdoor special events will occur rain or shine. In the case of extreme cold weather, threat or warning of a tornado or hurricane, or thunder and lightning storms, the event will be cancelled. A decision to close athletic fields or cancel games and practices will be made at 4:30 p.m. during the week and 7:30 a.m. on weekends.



SPECIAL PROGRAMS

Durham Parks and Recreation seeks to offer diverse recreational programs for persons with disabilities by providing programs such as Special Olympics and by making accommodations within all other DPR programs and services. DPR strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin or ability level.

Abilities Tennis Clinics

Durham Parks and Recreation is proud to bring tennis into the lives of people with intellectual disabilities through basic to advanced skills and drills. Participants will learn tennis or enhance their tennis skills through individual instruction and team match play.

Age: 8 and up

CR Fee: \$6 NCR Fee: \$11

FOREST HILLS PARK

6312 Oct 7-Oct 28 Sa 10am-11am

Beginner Improv

Experience the power of play, and the fun of improvisational comedy in a fun and safe environment with Made Up Theatre's games and shows.

Age: 15 and up

CR Fee: \$12 NCR Fee: \$17

CFLRC AT LYON PARK

7839 Sep 6-Oct 25 W 4pm-5pm

Braille Class

This class will teach individuals how to read and write basic to intermediate braille, and provide an opportunity to make new friends. The class is designed for individuals who have visual impairments, but is open to anyone interested in learning braille.

Age: 18 and up

No Cost

W.D. HILL RECREATION CENTER

7786 Sep 11-Dec 11 M 6pm-7pm

Buddy Sports Soccer

This basic sport skills program offers

opportunities for children with and without disabilities to learn and play together. Social skills, teamwork, coordination, and balance are promoted while sport skills are taught.

CR Fee: \$15.75 NCR Fee: \$20.75

C.M. HERNDON PARK

AGE: 3-5

7660 Sep 9-Oct 21 Sa 10:30am-12pm

AGE: 6-8

7661 Sep 9-Oct 21 Sa 10:30am-12pm

AGE: 9-14

7662 Sep 9-Oct 21 Sa 10:30am-12pm

Couch to 5K

Get off the couch and lace up your shoes. Join the fun and start moving with us. 8 week run/walk inclusive training program.

CR Fee: \$32 NCR Fee: \$47

CFLRC AT LYON PARK

7840 Sep 11-Oct 30 M 5:30pm-6:30pm

Dance the Night Away

Come join the fun and dance the night away! Every 3rd Friday of the month.

Age: 16 and up

CR Fee: \$8 NCR Fee: \$13

EDISON JOHNSON RECREATION CENTER

7831 Sep 16 Sa 7pm-9pm

7832 Oct 21 Sa 7pm-9pm

7833 Nov 18 Sa 7pm-9pm

Disable the Label

Celebrate Disability Awareness Month with us. Enjoy free food, performances, adapted sport demonstrations, exhibits from local agencies

and resources, giveaways, children's games/activities, and much more. There is something for everyone and ALL are welcome and encouraged to come!

NORTHGATE MALL

No Cost

7760 Oct 14 Sa 11am-2pm

Festival of Lights Trip

Join the DPR staff as we explore the festival of light. Participants will witness an unforgettable winter celebration through lights and animations.

Age: 13-21

CR Fee: \$18 NCR Fee: \$23

7820 Dec 9 Sa 5pm-9pm

Sharing Group

The Sharing Group provides opportunities for persons who are blind or have limited vision to socialize, receive support from others and learn ways to adapt and adjust daily tasks. Those just beginning to experience vision loss are encouraged to attend.

Age: 18 and up

No Cost

W.D. HILL RECREATION CENTER

7784 Sep 7-Dec 14 Th 6pm-7pm

Winter Ball

Come dressed to impress! Experience the magic as you dance the night away to your favorite tunes!

Age: 16 and up

CR Fee: \$8 NCR Fee: \$13

CFLRC AT LYON PARK

7834 Dec 16 Sa 7pm-9pm

Challenger Flag Football

Challenger athletic programs offer opportunities for athletes with diverse disabilities to gain important skills while participating in sports. The program focuses on improving social skills, teamwork, and athletic skills through practices and games. These programs are supported by a grant from Carolina Panthers charities.

Age: 7-25

No Cost

OLD CHAPEL HILL ROAD

7813 Sep 6-Oct 25 W,F 6:30pm-8pm

Special Olympics Flag Football

Are you ready for some football? This flag football league is for adults (26 and older) with disabilities.

Age: 26 and up

No Cost

OLD CHAPEL HILL ROAD

7821 Sep 6-Oct 25 W,F 6:30pm-8pm





TEEN PROGRAMS

Campus 2 Campus

Join us while we tour colleges and universities across the state. In addition to tours, you will get an opportunity to build resumes, work on college applications, and listen to student panels.

Age: 13-18

No Cost

WEAVER STREET RECREATION CENTER
7637 Oct 30 M 7am-7pm

Teen Resource Center

Resource Center provides a place for teens and adults to work uninterrupted on job or school related projects--anything from homework assignments to resume writing.

Age: 13-19

No Cost

WEAVER STREET RECREATION CENTER
7752 Sep 5-Dec 28 M-Th 7:30pm-9pm

Car Maintenance 101

Vehicle maintenance can cost a fortune. Why pay a mechanic when you can do the work yourself at half the cost? Learn how to change a tire, change your oil, replace windshield wipers, and complete other basic maintenance needs.

Age: 13-18

No Cost

WALLTOWN PARK RECREATION CENTER
7577 Sep 23 Sa 1pm-3pm

Fashion Society & Modeling

This class teaches grace and poise. This entry-level program will focus on the basics of modeling techniques such as proper walking, turns, and poses.

Age: 13-16

No Cost

HOLTON CAREER AND RESOURCE CENTER
7696 Sep 5-Sep 26 T 6pm-7:30pm
7697 Oct 10-Oct 31 T 6pm-7:30pm
7698 Nov 14-Dec 5 T 6pm-7:30pm

Girls Empowerment

A dynamic and interactive conference provides teens the opportunity to interact with their peers in an engaging environment.

Age: 13-16

No Cost

CFLRC AT LYON PARK
7667 Nov 18 Sa 10am-2pm

Hang Time

Want a place to chill, relax, and kick back? Just hang out or choose to participate in both physical and leisure activities in a safe, structured environment. Teen will have access to the computer lab, game room, gym, video games, pool table, air hockey, ping pong, Facebook, Twitter, and more!

Age: 13-17

No Cost

HOLTON CAREER AND RESOURCE CENTER
7673 Sep 1-Dec 29 M-F 3pm-6pm

WEAVER STREET RECREATION CENTER
7763 Sep 5-Dec 29 M-F 3pm-6pm

WALLTOWN PARK RECREATION CENTER
7547 Sep 1-Dec 29 M-F 3pm-5pm

Teen Lounge

Come lounge out with your friends at Weaver Street Recreation Center Teen Lounge. You can play video games, board games, watch sports or your favorite movies, or just chill out and relax with your friends.

Age: 13-19

No Cost

WEAVER STREET RECREATION CENTER
7754 Sep 2-Dec 30 M-F 6pm-9pm
Sa 1pm-6pm

Teen Night

Have nothing to do on a Friday? Looking for a safe and relaxing atmosphere? Look no further! Come out to play basketball, video games, surf the Internet, learn to dance and much more. Participants 18 years old will be asked to present a valid high school ID in order to participate.

Age: 13-17

No Cost

CFLRC AT LYON PARK
Sep 1-Dec 22 F 6pm-10pm

HOLTON CAREER AND RESOURCE CENTER
7684 Sep 1-Dec 22 F 7pm-10pm

W.D. HILL RECREATION CENTER
7826 Sep 1-Dec 29 F 6pm-10pm

WALLTOWN PARK RECREATION CENTER
AGE: 13-18

7579 Sep 1-Dec 29 F 6pm-10pm

WEAVER STREET RECREATION CENTER
7746 Sep 1-Dec 29 F 6pm-10pm

Video Game Lounge

Teens "bond and chill" with one another while playing their favorite video games on XBOX console.

Age: 13-16

No Cost

W.D. HILL RECREATION CENTER
7791 Sep 13-Dec 13 W 6pm-8pm

XBOX 1 Madden Tournament

Think you got what it takes to climb the ranks on the sticks? Come prove it playing Madden at the Walltown Madden Tournament.

Age: 13-18

No Cost

WALLTOWN PARK RECREATION CENTER
7576 Oct 25 W 2pm-5pm

XBOX 1 NBA 2K Tournament

Think you got what it takes to climb the ranks on the sticks? Come prove it playing NBA 2K at the Walltown NBA 2K Tournament.

Age: 13-18

No Cost

WALLTOWN PARK RECREATION CENTER
7575 Dec 6 W 2pm-5pm

Teen Night Out: High Ropes Course

Join us as we check out Bethesda Park! We'll be climbing the High Ropes Course, playing basketball under the lighted shelter, and grilling out! We'll meet at Walltown and head over there together! Don't miss out on this great time!

Age: 13-17

No Cost

WALLTOWN PARK RECREATION CENTER
7580 Sep 8 F 5pm-9pm

Business of the Funky Beats

It has been said that the essence of today's popular music lies in the beats created by creative artists. In this course, participants explore and enjoy the impact of funky beats in the music business.

Age: 13-16

No Cost

W.D. HILL RECREATION CENTER
7796 Nov 6-Nov 27 M 6:15pm-7:15pm

Hip Hop Dance

This dance class infuses the techniques of contemporary dance with the upbeat style of hip hop.

Age: 13-16

No Cost

HOLTON CAREER AND RESOURCE CENTER
7706 Sep 1-Sep 22 F 6pm-7pm
7707 Oct 6-Oct 27 F 6pm-7pm
7708 Nov 17-Dec 15 F 6pm-7pm

Open Rec

Come participate in a variety of fun activities including billiards, foosball, darts, and board games.

Age: 13-17

No Cost

W.D. HILL RECREATION CENTER
7827 Sep 5-Dec 19 T 6pm-8pm



TEEN PROGRAMS continued

Teen Open Gym

Come participate in a variety of fun activities including billiards, foosball, darts, and board games.

Age: 13-17

No Cost

EDISON JOHNSON RECREATION CENTER
7654 Sep 3-Dec 31 S 2pm-4pm

Teen Open Gym Basketball

You got game? Bring it to open gym basketball! A facility attendant will be present to organize the games. Everyone must bring a valid photo ID in order to participate.

Age: 13-17

No Cost

CFLRC AT LYON PARK
7638 Sep 5-Dec 19 T,Th, 6pm-8:30pm
Sa 3pm-6pm

HOLTON CAREER AND RESOURCE CENTER
7677 Sep 2-Dec 31 T,Th 6pm-8:30pm
Sa 1:30pm-4pm
S 1:30pm-5:30pm

I.R. HOLMES, SR. RECREATION CENTER
7468 Sep 11-Dec 27 M,W,F 4pm-6pm
S 1:45-5:45

WALLTOWN PARK RECREATION CENTER
7578 Sep 3-Dec 17 S 1pm-4pm

WEAVER STREET RECREATION CENTER
7736 Sep 5-Dec 28 M-Th 6pm-9pm

Teen Basketball Training Clinic

These clinics are designed to provide a positive outlet where teens can learn and develop new skills and become more advanced in basketball overall. This will be an opportunity for new players to learn the game and advanced players to get better.

Age: 13-17

CR Fee: \$12 NCR Fee: \$17

I.R. HOLMES, SR. RECREATION CENTER
7482 Sep 28-Nov 2 Th 6pm-7pm

Teen Vertimax Training

Looking for a way to improve your explosiveness? Vertimax is the most effective Vertical Jump Training System because it is able to maximize both explosive leg power and arm swing velocity to maximize the vertical lift component leading to superior vertical jump

performance gains.

Age: 13-18

No Cost

WALLTOWN PARK RECREATION CENTER
7669 Sep 10-Oct 8 S 4pm-6pm

Teen Weight Training Safety

If you are a teen interested in using fitness machines and weights, this program is for you. Teens will learn about correct methods and practices to perform exercises utilizing different body parts. Teens will gain knowledge on how to properly use fitness equipment in a safe and beneficial way. Completion of the program with a passing grade will allow teens operate Walltown's fitness equipment.

Age: 13-17

No Cost

WALLTOWN PARK RECREATION CENTER
7668 Sep 12-Oct 3 T 5:30pm-6:30pm



Durham Parks and Recreation Recreation Advisory Commission (RAC)

The RAC meets on the second Wednesday of each month at 7:30 a.m. at the Durham Parks and Recreation (DPR) administration office. The mission of the Recreation Advisory Commission is to advocate for DPR and the Durham Community. For more information regarding the RAC, contact Lynda Merritt at 919-560-4355, ext. 27233.

Gene Carleton, Chair
David Green, Vice Chair
Steve Schewel, City Council Liaison
Lynda Merritt, City Staff
LaToya Bogan, Member
Marge Clemons, Member

David Fellerath, Member
Kevin Lloyd, Member
Rebecca Reyes (Mayor Appointee)
Beth Timson, Member
Frank White, Member

*Selected by the North Carolina Recreation and Parks Association
as recipients of the "Distinguished Recreation Board Award"*



Special Olympics

North Carolina

Durham County

Special Olympics programs are offered through Durham Parks and Recreation in conjunction with Durham County Special Olympics.

For more information
Contact Kristen Randall
at 919-560-4292, ext. 27309 or
Kristen.Randall@durhamnc.gov

FACILITY AND PARK RENTALS

The 2017 calendar is currently open for park and shelter rentals. Permits for picnic shelters, parks, campsites and plazas must be purchased by Tuesday at 5 p.m. for the remainder of the work week and weekend. Please note: All operational hours and rental fees are subject to change. For more information on Durham picnic shelters, plazas and campsites, please visit dprplaymore.org, contact the reservations office at 919-560-4355, ext. 27202, or email reservations@durhamnc.gov.

PICNIC SHELTERS

PICNIC SHELTER SEASON: APRIL 1-OCTOBER 31

Durham's parks and facilities serve as great sites for your next event, family gathering or concert. Many Durham parks offer picnic shelters on a "first come, first served" basis. By making reservations, you are assured of having the picnic shelter of your choice. Permits must be purchased 10 days in advance. See page 9 for a list of DPR parks with shelters.

Book your picnic shelter online! Visit dprplaymore.org, select "Register Online" and then "Reservations."



RECREATION CENTERS

Planning a party and need a space for it? Gymnasiums, meeting rooms and kitchen space in our recreation centers are available to the public to rent. Keep us in mind when planning holiday parties, meetings, anniversaries, dances, church functions, reunions and wedding receptions. To reserve one of the following recreation centers, contact the center directly.

Edison Johnson Recreation Center
919-560-4270

Holton Career and Resource Center
919-354-2750

I.R. Holmes, Sr. Recreation Center at
Campus Hills
919-560-4444

Walltown Park Recreation Center
919-560-4296

Weaver Street Recreation Center
919-560-4294

W.D. Hill Recreation Center
919-560-4292

ATHLETIC FIELD RENTALS

DPR offers the following field and court rentals:

- Baseball Fields
- Multipurpose Fields
- Futsal Courts
- Tennis Courts
- Softball Fields
- Basketball Courts
- Soccer Fields



To reserve a field or court, visit our website at dprplaymore.org and fill out the online Field Rental Request Form under Rentals and Athletic Field Rentals or call 919-560-4355.

Additional rental information including fees and field dimensions can be found on our website under Rentals and Athletic Field Rentals.

OUTDOOR PLAZA

DPR invites the community to enjoy the outdoor CCB Plaza nestled in the heart of downtown Durham. The outdoor plaza offers the perfect environment for receptions, banquets, parties, trade shows, concerts, expos and more! This plaza is centrally located to provide easy access to the surrounding communities to enjoy after work socials or weekend events. Please consider DPR for your next outdoor event.

The CCB Plaza is located at the corner of Corcoran and Parrish Streets in downtown

For reservations and rental prices, please call 919-560-4355, ext. 27202

DPR strives to make our programs, services and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin, marital status, sexual orientation or ability level.

FACILITY AND PARK RENTALS

EVENT FIELDS AND TRAILS

Durham's parks are great places to host your fun days, company picnics, family reunions and more. A park permit is required for event fields and trails.

Contact the reservations office at 919-560-4355 ext. 27202 or email reservations@durhamnc.gov.

CAMPSITES

DPR offers a variety of opportunities for outdoor recreation, including a year-round primitive camping area. Campsites are operated by DPR and may be reserved by calling 919-560-4355, ext. 27202 to obtain a permit. Permits must be purchased by Tuesday at 5 pm for the remainder of the work week and weekend. All reservations are made on a "first come, first served" basis.

Lake Michie Recreation Area: Overlooking Lake Michie, this recreation area offers camping, boating (paved boat launch), fishing and trail hiking. The area has seven primitive campsites open year-round. Each site has a tent pad, grill and picnic table. No electrical hookups are available and campers should bring water and other necessities. Vehicular access to the campgrounds is limited. **DIRECTIONS:** Take Roxboro Road North (Rte 501); go approximately 12 miles; turn right onto Bahama Road; after 2.5 miles, take a left at the "Spruce Pine Lodge" sign.

**Prior to use of the camping facility, a permit must be obtained from DPR.*



STAY CONNECTED

EMAIL & TEXT NOTIFICATIONS

To receive emails and/or texts about all general DPR information and alerts:

1. Visit dprplaymore.org and click on the Site Tools drop down menu in the upper right corner.
2. Click on Notification.
3. Enter your email address and click Sign In.
4. Check off the box to receive HTML emails and or texts
5. If you select to receive text messages enter your mobile phone number and select Save.
6. Click the email icon and/or SMS icon next to the lists to which you wish to subscribe/unsubscribe.
7. You will be sent an email with instructions to confirm your account.
8. If you request text notifications, you will receive a text confirmation asking you to respond with a Y.

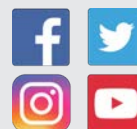
In order to receive all alerts and news you will need to click on the icons in both Alert Section and News sections of the notifications sign up page.

WEATHER & ATHLETIC FIELD CANCELLATION PHONE LINE

Please call 919-560-4636 for updated information on any athletic field and league cancellations or to hear a list of facility closures during severe weather.

A decision to close athletic fields or cancel games and practices will be made at 4:30 p.m. during the week and 7:30 a.m. on weekends.

SOCIAL MEDIA/BLOGS



@DPRPlaymore

Athletics Blog

dprathletics.blogspot.com

Outdoor Recreation Blog

getoutdoorsdurham.blogspot.com

Cultural Heritage Blog

culturalheritageindurham.blogspot.com

E-NEWSLETTER

Sign up to receive e-newsletters:

Visit our Facebook page & click on Join Email List.

Select from the following options:

- Athletic Leagues
- City-wide Special Events
- Downtown Events
- Play More Program Guide (3 times per year),
- Recreation Programs & Events
- Special Programs/Inclusion Programs & Events
- Teen Programs

Photos Wanted!

Do you have photos you've taken at Parks and Recreation centers or in our parks? Submit them to us and see them in print in Play More! For details call 919-560-4355 or email dprinfo@durhamnc.gov.

SPECIAL USE FACILITY RENTALS

The 2018 calendar is currently open for the rental spaces listed below. Reservations are accepted on a "first come, first served" basis. For more information on these facilities, please contact the reservation office at 919-560-4355, ext. 27202 or email reservations@durhamnc.gov. Please note: All operational hours and rental fees are subject to change. For fees and other information, please visit dprplaymore.org.

DURHAM ARMORY

212 Foster St., Durham, NC

The Durham Armory at Downtown, on the corner of Foster and Morgan streets, is available for rentals for your community or private event, whether it is a fundraiser, concert, wedding reception, seminar or family reunion. With a capacity of 585 in the auditorium/ballroom and an additional 314 in the balcony, the Durham Armory offers a large indoor space with lots of flexibility. The amenities include a large kitchen, heating and air conditioning, coat room, snack bar, tables, chairs, A/V equipment, and ample parking surrounding the facility.

Rental times: Sunday through Saturday 6 a.m. to 2 a.m. (minimum 6 hour rental)



2018 reservations for the Durham Armory are now open.

SPRUCE PINE LODGE

2235 Bahama Rd., Bahama, NC

The lodge is a 1940s vintage log building located in the Lake Michie Recreation Area. The lodge has 2,500 square feet of floor space which is divided into four meeting rooms, all served by a kitchen facility and a sound system. Dependent on the type of activity, the building capacity is 120 persons. Log walls and massive stone fireplaces lend a unique quality to all types of functions. Hiking trails, a large lawn and play field, and a picnic shelter are also available for use, as well as Lake Michie's camping, boating and fishing facilities nearby. The lodge is located 14 miles north of downtown Durham. The building, lawns, and picnic shelter are available to rent for weddings, large picnics, meetings, retreats, parties or other group activities.

Rental times: Sunday through Saturday 6 a.m. to 12 a.m. (minimum 6 hour rental)



2018 reservations for Spruce Pine Lodge are now open.

FOREST HILLS NEIGHBORHOOD CLUBHOUSE

1639 University Dr., Durham, NC

This historic building located in the heart of Forest Hills Park offers a large meeting room with audio/visual equipment, a spacious kitchen, restrooms, heat, air conditioning, and a large lawn. The Clubhouse, with a capacity of 80 people, is perfect for business meetings, team building retreats, parties, anniversaries, church functions, and family reunions.

Rental times: Sunday-Saturday 6 a.m. to 12 a.m. (minimum 3 hour rental)



2018 reservations for the Forest Hills Neighborhood Clubhouse are now open.

MCCOWN-MANGUM HOUSE

5101 N. Roxboro Rd., Durham, NC

This restored 1850s farmhouse is perfect for small gatherings such as weddings, receptions and meetings. The patio seats 40 and the house capacity is 60 (twenty per room maximum). Special features include rooms sheathed in original heart pine boards, a brick patio, a spacious kitchen, restrooms, heat, air conditioning, porches and gardens.

Rental times: Sunday through Saturday 8 a.m. to 10 p.m.



2018 reservations for the McCown-Mangum House are now open.

PARK UPDATES

Funded by the Durham City Council, the staff of Durham Parks and Recreation have responded to the public's request to better maintain City parks and trails. Money from the ½ penny tax for park and trail deferred maintenance, as well as money from the capital project planning, have gone into repairs.



Indian Trail Park playground before



Indian Trail Park playground after

Durham children now have a brand new playground to enjoy at Indian Trail Park! The new playground features play equipment for 2-5 year olds and 5-12 year olds, a modern see-saw, and a dizzying multi-child spinner. The playground also now includes a swing set with standard swings and a basket swing for children of all ages and abilities. With the help of the Goat Squad, we were able to increase visibility of the playground from the trail and parking lot, by having a group of goats eat the vegetation. Final touches to the project include repairing the cracked sidewalks around the playground, planting native 'plants for play,' and installing additional benches.



Before the goat squad ...



And after!

DURHAM PARKS AND RECREATION

Play More: Connecting our whole community to wellness, the outdoors and lifelong learning.



UPCOMING SPECIAL EVENTS

All events listed are free • See page 35-36 for details

LATINO FIESTA AND SOCCER CHALLENGE

Saturday, September 23: 10 a.m.-3 p.m.
Rock Quarry Park, 701 Stadium Dr.

DISABLE THE LABEL

Saturday, October 14: 11 a.m.-2 p.m.
Northgate Mall, 1058 W. Club Blvd.

STARLIGHT FRIDAY

Friday, October 27: 8 p.m.-10 p.m.
Oval Drive Park, 2200 W. Club Blvd.

JAZZ ON THE COURT

Saturday, October 28: 4 p.m.-6 p.m.
W.D. Hill Recreation Center, 1308 Fayetteville St.

BARKTOBERFEST

Sunday, October 29: 12 p.m.-4 p.m.
Durham Central Park, 501 Foster St.

HALLOW-ENO

Tuesday, October 31: 6 p.m.-9 p.m.
West Point on the Enos Park, 5101 N. Roxboro Rd.

DURHAM HOLIDAY PARADE AND FUN FEST

Saturday, December 2:
Parade: 11 a.m.-1 p.m.
Fun Fest: 1 p.m.-4 p.m.
Downtown Durham

SANTA PAWS

Friday, December 8: 6 p.m.-8:30 p.m.
Durham Armory, 212 Foster St.

HOLIDAY OPEN HOUSE

Sunday, December 10: 1 p.m.-5 p.m.
West Point on the Enos Park, 5101 N. Roxboro Rd.

KWANZAA CELEBRATION

Friday, December 29: 6 p.m.-8 p.m.
Holton Career and Resource Center, 401 N. Driver St.

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